Sparking Resilience

All parents want what’s best for their child but sometimes it can be hard to know what to do or how to get there. The truth is, every family is different, with different experiences and circumstances, and there’s no one-size-fits-all approach.

As a parent, you’re in a unique position to provide support, give encouragement and be involved in their life – and that can make a huge difference.

There will be tough times

All young people will face hardships of one form or another, but the support and guidance they are given during these times can make a world of difference. Children aren’t born with the knowledge to face and overcome hard times, but each time they do, they are building important life skills. As a parent, you can help give them the tools and understanding to cope.

Having strong skills to deal with tough times can also help in managing feelings of aggression, social isolation, depression, loneliness and feelings of anxiety or stress that can be associated with hard times. Your relationship with your child is unique to you, and there are many ways you can give support and help them to build resilience, from talking, spending time together, sharing stories from your own experiences, reminding them of how well they are doing in other areas, or looking at the bigger picture.

Talk it out

Everyone needs someone to talk to. By listening to your child, and allowing them to express themselves openly, you can provide a safe place for them to talk about what’s bothering them. Making yourself available for them to talk to is a great way to reach out and show your support, even if you don’t know what’s wrong.
Sometimes you won’t be the person they want to talk to, and that’s OK. Encourage them to talk to friends, family or other trusted adults (maybe there is someone at the school they connect with?) or elder siblings. The more support they have, the more likely they will have the chance to open up.

**Know when to reach out**

Remember, you’re not alone, there are many ways your school may be able to help provide support or options to help your child navigate school and education when times get rough. There might be someone at the school you can talk to as well, to understand their studies, how they cope at school and what support the school can offer them.

If things seem to be getting worse, or you’re concerned and don’t know what to do to help, it’s OK to seek help. It’s important for you and your child to be able to recognise if their resilience is at breaking point, and when to ask for help too. You can seek free, anonymous support from ReachOut, HeadSpace, or Kids Help Line.

**Lead by example**

Ever had the question “how would you know” ‘thrown at you’, while trying to give advice? It’s one thing to say this is how it’s done, but it’s another entirely to be able to demonstrate this in your own life. We all need good role models, someone to look up to- and by using the advice you give in your own life and actions, you are also showing your child respect.

Our school has a great network of support staff. Please do not hesitate to contact us whenever your child may need help to build their resilience.

*Rob Slater*
*Principal*

**Acknowledgement to Country**

Good morning/good afternoon and welcome,

We wish to acknowledge the traditional custodians of the land on which we meet today, the Wulgurukaba peoples and to the surrounding custodians, the Bindal people.

We pay our respects to the elders, past, present and emerging for they hold the memories, the traditions, the culture and the hopes of aboriginal and Torres Strait Islander peoples.

Thank you

**HEADLINE: Coming Events**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>08/09/2020</td>
<td>P &amp; C Meeting 6:30pm RSVP 4721 8777</td>
</tr>
<tr>
<td>08/09/2020</td>
<td>Bulk Enrolment Night</td>
</tr>
</tbody>
</table>

**Message from our year 7 and 10 Deputy Principal**

**YEAR 10 SET PLANNING**

You may be aware that we had to make changes to our usual SET Plan procedures due to the current COVID-19 restrictions. Despite the restrictions, we had an amazing response from parents, with over 80 families attending the information night on the 18th of August. Interviews with students and their parents have now been conducted with over 98% of students having now completed their subject selection choices for Year 11, which we believe will put them on track for success into senior secondary, post-school education and work.

**STUDY HABITS**

As Term 3 draws to a close, students will be very busy completing their assessments and preparing for exams. Study habits are critical in ensuring students achieve the results they deserve. In a recent study report it identified that learning occurs in three different parts. The first part happens in preparing for learning, second part in the learning environment and the third part when you sleep.

**Preparing for learning:** Is your student coming to school with an attitude that will let them learn? Is your student ready to learn or are they trying to get ready as they arrive and feeling stressed? The higher stress levels a student has, the more unlikely they are to engage in the learning activities that they are attempting to do. One way of managing stress is to pack and prepare the night before going to bed. This allows for students to follow their sleep routine and not worry about trying to get ready as they get up in the morning.

**Learning environment:** The learning environment can be the classroom, a study area at home or other informal learning environments. Research has shown that the learning environment is the least important of the three for learning to be successful. The reason being that if students are not stress free state they less likely to able to engage in the learning, and if they do not have enough sleep they will not be able to recall the skills and knowledge that they have been exposed to.

**Sleep:** This is the last and most critical part of the process as it allows the brain the opportunity to develop new pathways to record and store the information. It has been discovered that the brain uses patterns and rhythms to record the information that it is exposed to. These patterns become stronger the more the information can be reviewed and clarified.
Message from our year 8 and 11 Deputy Principal

As term three marches on, assessment deadlines draw near. For students across the school it is likely that they will already be in the thick of drafts, revision and final due dates.

To assist them to manage their time, we encourage all students to use their assessment planner (provided earlier this term) and map out a study program. Our wonderful Guidance Officer Ms Katrina Weathered is available to help if needed.

Having a plan can significantly reduce the stress associated with assessment as students are able to plan a way through and ensure they can complete all tasks to the best of their ability.

During this time it is important to ensure that students are getting adequate sleep and nutrition. You can’t perform at your best without this. Again, students who are experiencing any difficulties are welcome to see our support team for assistance. They are always keen to help.

If you have any questions about upcoming assessment tasks please be in touch with our staff via email or phone. They will be very happy to talk to you.

Message from our year 9 and 12 Deputy Principal

Year 12s have received updated information regarding formal, as there are significant changes to our processes this year.

Formal- Watching Arrivals

Due to Covid-19 Regulations, we are limited to a maximum of 100 people to watch arrivals. Due to the size of our year 12 cohort, each student will receive one ticket only to provide to a family or friend to watch the arrivals. Only people with an official ‘Arrivals Entrance ticket’ will be permitted to stand in the designated area. Guests in this area must be maintaining social distance requirements.

Formal Photos

We urge students and their friends and family to ensure all professional photos are taken prior to students arriving at the casino, as students will not be able to stop on the red carpet, or pose for photos with family or friends.

Formal Timeline (subject to change when details are confirmed)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9am to</td>
<td>Morning briefing and practice</td>
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<tr>
<td>11am</td>
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<tr>
<td>5:30pm-</td>
<td>Arrivals (livestreamed)</td>
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<tr>
<td>6pm</td>
<td>Formal Proceeding in the Grand Ballroom</td>
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<tr>
<td></td>
<td>(livestreamed)</td>
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<tr>
<td>7pm</td>
<td>Dinner: Table service, alternative drop</td>
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<td>8:15pm</td>
<td>Cutting of the senior cake</td>
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<tr>
<td>8:30-</td>
<td>Activities</td>
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<tr>
<td>10pm</td>
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</tr>
<tr>
<td>10:30pm</td>
<td>Event close</td>
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Formal Tickets

Tickets will be on sale soon, once costings are finalised. We will advise students when they are able to purchase their ticket from the front office. Students are reminded that they cannot purchase a ticket unless all their school fees are paid, including previous years, and that they meet minimum attendance and academic requirements.

Attendance

Throughout this term, we have been speaking constantly to the year levels about keeping their attendance above 95%. There are many reasons for this, but the main one is that there is a clear link between increased attendance and improved achievement. With this in mind, students are being strongly encouraged to attend every day in order to ensure they are giving themselves the best chance to succeed.

External Exams

Exams are not far away now, and students will be soon in study mode. It is important that the year 12s are developing good study habits as the traditional ‘cram the night before’ will no longer work as some students will have two exams in a day.

Check out your External Calendar by heading to the link below.


Important Information for All Parents

Throughout this term, we have been speaking constantly to the year levels about keeping their attendance above 95%. There are many reasons for this, but the main one is that there is a clear link between increased attendance and improved achievement. With this in mind, students are being strongly encouraged to attend every day in order to ensure they are giving themselves the best chance to succeed.

We have continued to have recent issues with parents accessing the front administration car park to drop off or collect their child/children. Please note the sign on the front gate which clearly states that THIS IS NOT A PICK UP OR DROP OFF ZONE.

All pick up and drop offs must occur in the designated areas (beside the school near the Chinese Club, along Boundary Street in front of the school, in First Street behind Stanton Lodge).

We value your child’s safety and request you adhere to the designated pick up and drop off zones.
Our Facebook page has been active since 2015 and it is terrific to see the amount of content about our students and school programs appearing on the site and being updated on a daily basis. To view the page and post a message, please access via this link and once on the page, hit ‘like’


We are following a clear and strict set of guidelines related to Facebook usage by schools and our ‘gatekeepers’ are currently doing a fantastic job of monitoring content!

Payment of 2020 Textbook and Resource Hire Fees

Participation in the 2020 Student Resource Scheme requires payment.

There are also some subject specific costs for Year 10/11/12 students.

Call the office to find out how much. 4721 8777

Payment may be made in full as a single payment or by instalments. An invoice and Participation Agreement Form was posted out to you recently.

If you do not have a copy of the Participation Agreement Form you can collect a copy from the school office or click on the link below:

Please elect to participate or not participate in the scheme on the Agreement Form and return to the school. Non-payment of the participation fee by the designated payment date(s) may result in debt recovery action being undertaken for the overdue participation fee which may result in extra costs being incurred by the parent/carer.

Non-payment of the participation fee will also result in withdrawal of students from extra-curricular activities, for example: school camps, afternoon sports, NQ Sports, Vocal and Guitar Lessons, use of the School buses, Year 12 Formal, Senior Jerseys, School Magazine and posting out of school reports.

For your convenience, the school office accepts cash and has Eftpos facilities that can be processed in person. The school also accepts online BPOINT payments as well as direct deposit payments to the school’s bank account – BSB 064-819; Account 00090292 (please state the student’s name and invoice number).

Thank you to those parents who have already attended to payment of the Textbook/Resource Hire Fees. Payment of school fees and return of text books ensures a fair and equitable distribution of resources. Thank you for your assistance.

NEW PAYMENT METHOD

We can now offer parents the ability to pay invoices over the phone using BPOINT IVR (Interactive Voice Response). Parents call 1300 631 073 and enter their CRN, amount and credit card details to complete payment. At the end of the call you will be provided with a unique payment receipt number. The school office is no longer able to take credit card details over the phone as this is not Payment Card Industry Data Security Standard compliant.

PROCESS FOR PAYMENT PLANS

We now have a new process for payment plans using BPOINT Electronic Direct Debit Registration.

If you are unable to make a full payment of an invoice by the due date you need to contact the Business Manager, Narelle Searston to arrange a payment plan. You will negotiate with the school on the amount, frequency and number of payments for the payment plan.

You will receive an email with a link for your payment plan. You click on the link and register for the direct debit/payment plan and nominate your credit/debit card or bank account. You will receive a confirmation email detailing the agreement and you will need to click on the link to confirm the agreement. The next day the school will receive a report confirming the registration for the payment. Once this has been received your child will be able to attend the activity.

You will receive an email reminder the day before your charge is due to be debited from their bank account or credit/debit card.

Narelle Searston
Business Manager

QPARENTS Registration

Thank you to those parents/caregivers who have registered for ‘QPARENTS’, which is a secure online parent portal. The online portal allows you to electronically notify the school of any student absence, check on the attendance and behaviour of your child, view a student’s current timetable and subjects, update contact details and receive any accounts for payment.
THE SYSTEM IS EXCELLENT AND HIGHLY RECOMMENDED TO YOU!

All parents/caregivers should have received a mail package and emails about how to complete registration. Please contact the office if you need any support to register.

From the Rolls Office

Student absences are to be explained by a parent/caregiver to the Administration Staff stating the reason and dates of absence. This may be done by phoning the school on 4721 8777 or 4721 8709 or by emailing absencesadmin@townsvilleshs.eq.edu.au

Student absences of three or more days due to illness require a medical certificate. Medical Certificates should be emailed to the above email address or hand delivered to the Administration Office. Your prompt assistance with explanation of absences will be greatly appreciated.

PROCEDURES FOR LATE ARRIVAL/ EARLY DEPARTURE

Should a student arrive late to school, a letter of explanation or a note in their Student Diary from the student’s parent/caregiver is required. This letter or note must be presented to the Administration Office if the student is arriving at school after 9:00am.

If there is a need to collect your student from school early, you must do so via the front office and sign your student out. A note should be written in your student’s Diary and the student then presents the note to the Administration Office before school. A Leave Request slip will be given. The student will show this to their teacher when they need to leave the class.

Lunch passes will NOT be approved. This applies to students of all year levels.

Students who feel unwell at school must first report to the class teacher who will direct them to the Administration Office with a note to this effect. During morning or lunch time recesses, students should report directly to the Office.

Facilities for housing sick students are limited. Sick bay is used as a holding station only. Your student needs to know a contact number so that we can phone parents and send students home as quickly as possible.

The student then presents the note to the Administration Office before school. A Leave Request slip will be given. The student will show this to their teacher when they need to leave the class.

Lunch passes will NOT be approved. This applies to students of all year levels.

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Facilities for housing sick students are limited. Sick bay is used as a holding station only. Your student needs to know a contact number so that we can phone parents and send students home as quickly as possible.

Important Notice for Senior Students

Students on their P’s are not permitted to transport other students unless they are siblings. Given concerns from the school community, students are not to park within the school grounds, and must find alternative and suitable parking elsewhere. Students must also not leave school grounds during the day. Failure to follow this policy could result in school disciplinary action. The safety and wellbeing of all students is a priority for our school. If you have any questions regarding this policy please see Ms Maynard.

Unique Student Identifier (USI)

From 1 January 2015, the Australian Government requires all students studying Vocational Education and Training (VET) to have a Unique Student Identifier (USI). This includes students who are studying VET in schools. Townsville State High School must have a valid USI for a student before issuing a qualification or statement of attainment.

What is a USI?

From 2015, anyone undertaking a Vocational Education and Training course (e.g. through TAFE or other training providers, but not University) will need to have a “Unique Student Identifier” (USI) - this is a bit like an account number made up of letters and numbers and is allocated to you. It is used to identify you when undertaking any vocational training.

This USI allows you to login to your training account and see all your training records and the results of all your courses. You can also print out all your results to take to an employer when you are applying for a job or to any training provider when you are doing any additional courses.

You should have this Unique Student Identifier before you can commence any courses and must have it to obtain your certification or statement of attainment. If you don’t already have one, you can create one at the link below.
At Townsville SHS we will be assisting students with the application for their USI. Students’ must provide suitable identification through one of the following:

- Driver’s licence
- Medicare card
- Birth Certificate (Australian) — please note a birth certificate extract is not sufficient
- Australian Passport
- Visa (with Non-Australian Passport) for international students
- Certificate Of Registration By Descent
- Citizenship Certificate
- ImmiCard

Each learner at Townsville State High School will either be required to provide their existing USI (if not already on record at the RTO) or apply for a USI. Students can access the USI Fact Sheets from the school’s web page and also the school’s curriculum network.

Each student who enrols in a VET course will need to complete the following:

**Action 1. The student applies for a USI at home**

- The school sends home information about the USI and what the process will be for application and provision through Newsletters and Parent Information letters
- Students obtain a USI at home via the website www.usi.gov.au
- The student provides the USI to the school using the USI Collection and Verification form
- The school verifies the USI via the website www.usi.gov.au
- The school records the USI, inputs this information into the Student Management System or record in the USI Register

**Action 2. The student applies for a USI at the school**

- The school sends home information about the USI and what the process will be for application and the types of identification that will be required by the learner
- Students apply at the school during a set class time with the assistance of the staff
- Students will record their USI and provide the number to the teacher using the USI Collection and Verification form
- The school verifies the USI via the website www.usi.gov.au
- The school records the USI, inputs this information into the Student Management System or record in the USI Register

**Year 6 into 7 Information Night**

On Wednesday the 2nd September we held our year 6 into 7 information night. The parents were treated to a short presentation in J block where we were able to show off all the success of our students here at Townsville SHS and then headed to the amazing interactive subjects displays. The HODs all had awesome displays that showed off their departments and helped the year 6s see just why Townsville SHS is the best school in Townsville!

Thanks to the staff and students for making the night such a huge success.

**Message from EAL/D Department**

In the next few weeks, the Inclusive Education Department will be introducing all of our valued staff members. We are very fortunate to have such a caring, professional and highly talented team.

**INTRODUCING REBECCA (EALD TEACHER AIDE)**

Hello, my name is Rebecca Martin and this is my fourth year at Town High working within the Inclusive Education team, mainly with the EALD students. I mainly work with the Beginner A, Beginner B and Intermediate students, although I do have contact with the Seniors at times.

I have loved working with these students and watching them grow, not only physically but in their confidence and ability to speak English and to interact with the school community.

It’s always a very special time watching all the students becoming more independent and going on to graduate and start new lives outside the school gates.

**INTRODUCING WENDY (EALD TEACHER AIDE)**

Hello/Bonjour! My name is Wendy De Munari and I am a Teacher Aide providing support to EALD students in English, VSW, Humanities, ICJ and Junior Maths.

I started working at Town High in April 2016. Prior to that I spent 11 years living in the South of France (near Avignon) teaching English and running my own English language training business for French speakers. It was wonderful to return to Australia and to find my niche supporting our EALD students at Town High. Because of my background, I
am also regularly called upon to interpret for our French-speaking families at Town High.

I am now in my fifth year at Town High and have had the pleasure of watching our students grow and develop from timid Juniors to confident, assured Seniors. What has always impressed me about our EALD students is their joie de vivre, their sense of humour, their energy, their keen desire to strive and achieve, and to make something of themselves. I feel particularly proud when I see them complete Year 12, obtain their QCE and get accepted into further study and training courses.

Perhaps though the main reason why I enjoy working with our EALD students is because I believe that they embody the spirit of our school and the values our school and myself hold dear – a motivation and desire to learn, an appreciation of the value of learning and education, respect for their teachers and those who support them, and a desire to contribute to a better world.

Merci, continuez bien et bonne chance pour le suite!

Message from the Science Department

Science Newsletter

National Science Week

National Science Week celebrations were fantastic this year. We had the MEGA drone racing competition and a marine biology visit.

Drone Racing Champions – students needed to complete an obstacle course manually flying a drone. The winning team of boys, clocking a time of 1 minute and 43 seconds. Congratulations to Kai Lando-Dickson and Jardine Cooper for having the overall win.

National Science Week - Year level Drone Competition winners were:

Year 7 - Isadora Rayment and Samantha Debruyes
Year 8 - Locklan Ward and Jacob Bryan (and Marcus Thompson helper)
Year 9 - Marcus Thompson
Year 10 - Hunter Jones
Year 11 - Kai Lando-Dickson and Jardine Cooper
Year 12 - Victoria Sanders and Khadija Abdi Musse

Reef Ecologic Workshop – National Science Week

Reef Ecologic conducted a fantastic Reef Resilience workshop with 20 year 10, 11 & 12 students at Townsville State High School to learn about coral reefs and what we can all do to improve their health.

The workshop aimed to inspire students to care about their environment by reminding them that they need to take care of themselves as a priority. Marine Scientist Nathan Cook shared knowledge on coral reefs, the threats they are facing and ways we can all support their ongoing health through everyday activities. One of the activities we implemented was to ask the students what actions they are currently implementing to support the health of the Reef and what they will commit to do in the future.

This workshop was conducted as part of the Integrated Coral Reef Citizen Science Program funded by the partnership between the Australian Department of Agriculture, Water and the Environment’s Reef Trust and the Great Barrier Reef Foundation.

Legal Studies

I DO, I DO!!!

The learning of Family Law, specifically The Marriage Act, was put into practice in a fun and entertaining way, by the year 12 Legal Studies class when they participated in a memorable mock wedding. The wedding ceremony followed a traditional format which included the processional in which the wedding party walked down the aisle, leading to the debut of the bride escorted by her father. The ceremony officiated by Tyrone, included readings by Brianna and Veronica, vows of unity, an exchange of wedding rings between Ashlee and Dylan, and the signing and witnessing of the wedding certificate by the two witnesses, Rhianna and Brianna.

Following the ceremony, the couple along with their family and friends enjoyed a wedding reception. Traditional wedding cake was served. The couple cut the cake together signifying hopes of a sweet life together. The wedding celebrations ended with the throwing of the bouquet.

Ashlee and Dylan made a beautiful couple and we wish them every health and happiness.

Tech Girls

This year five year 7 girls participated in the Tech Girls Competition. Hundreds of schools competed from both primary and secondary schools in Australia and New Zealand. They had to design and create their own APP, which helped to solve a
real world issue. Firstly, the girls had to research what was an issue in either our local community, or our state community. They chose to create an APP on helping children understand what cancer is, and the affects it can have on them. Cancer is highly prevalent in the state of Queensland, and there are minimal APPs available to help children understand what it is.

The girls created a business plan on how they would create this APP. It included things such as: cost, timeframes, and why it’s necessary, collected through research data from staff and students at TSHS.

They created a prototype of their APP, as well as a pitch video on why their APP should win the competition. Well done to Arabelle, Zoe, Isabelle, Winter and Imogen. Good luck in the competition girls!

Learning and Well-Being

The Junior Student Council held a very successful event this term called Crazy Socks. This event was held in week 4 and available to all students in grades 7, 8 and 9. The reason the Junior School Council designed this event was to promote Learning and Wellbeing (LWB) class peer relationships. Classes were asked to work together and determine a theme for their crazy socks. We had a large amount of participation from the junior year levels and the competition was highly enjoyed by all that participated.

There was one winner selected per year level these winners were:

- Year 7 Mr Mayhew’s LWB class (LWB072D),
- Year 8 Mr Eames’s LWB class (LWB082B),
- Year 9 Mr Hyne’s LWB class (LWB092C).

These winners were awarded with a Zooper-Dooper prize during their LWB class.

Arabelle Furnell Year 7 Junior School Council Representative.

Life Choices Guest Speaker

In week 6 we were privileged to have Andrew Fisher speak to our Year 10 students about their ‘Life Choices.’ Andrew is a successful race driver who currently races in the most famous car in Australian Motor Sport history (XYGT). He has also previously raced in V8 supercars, V8 utes, Porsche’s, BMWs and Lotus’. The self confessed adrenaline junkie has also had a successful business career where he has provided strategic advice to hundreds of companies and was also the CEO of a public company! Andrew captivated Townsville SHS students with his candid coverage about the prickly topics of life. If your child is in Year 10, have a chat to them about what they learnt. Some facts that Andrew discussed are that:

- 1 in 16 young Australians is currently experiencing depression
- 1 in 4 young Australians currently has a mental health condition
- 1 in 6 young Australians is currently experiencing an anxiety condition
- Suicide is the biggest killer of young Australians reported at 33.9%

Spark their Future

To support parents and carers of young people, the department has also released the evidence-based Spark their Future website. This website provides engaging, non-confronting information and support to help parents keep their child engaged with learning and education pathways. Articles have been developed through extensive research and in collaboration with subject matter experts, including guidance officers and behaviour experts, and other agencies, such as the Queensland Family and Child Commission and the non-state schooling sectors, to develop joint articles featuring education and youth policy leaders. Articles are targeted at parents of teenagers, when disengagement is most prominent, and upper primary students, when signs of disengagement begin to emerge. For further information, go to:

https://www.sparktheirfuture.qld.edu.au/

CLONTARF

Early bird gets the worm

After taking an extended break from morning trainings due to Covid, the Clontarf boys have come back in record numbers. The premise behind Clontarf morning trainings is to prepare the boys to be independent post school. We do this by putting the onus on them to set their alarm for pickups between 5:45 – 6.30am (sleep management / job ready), morning exercise which can be anything from a hike up Castle Hill, a 5km run on the Strand, basketball or futsal in the hall, beach volleyball, NRL or AFL (healthy body – healthy mind). The boys then all shower before school (hygiene) which is followed by a hearty healthy breakfast which may be activated oats, pancakes and fruit, healthy breakfast burgers or a fruit salad (healthy diet – better focus).

The three Clontarf staff have a combined total of 37 seats in the three vans and for the first time in Town High’s history, we now have a waiting list for available spots.

What fantastic commitment from the boys!
Miss the Hill 2020

In previous years, Townville State High School has participated in Hit FM’s “Hit The Hill” – a 24 hour relay style event on Castle Hill, raising money and awareness for mental health and suicide prevention. Unfortunately, COVID has again put a dent in major event plans and “Hit The Hill” has been cancelled for 2020.

But we’re a resilient group and have a never give up attitude. Our wonderful school captains, Keziah and Brianna, have spearheaded a “Miss The Hill” event to run on the weekend of week 9. Many of our year 12 students have signed up, prepared to spend 24 hours walking around the school oval and raising funds for Aspire. Our aim is for students to have an experience as similar to the Castle Hill walk as possible.

Students have been collecting donations around the school and community. If you wish to add to their fundraising efforts, look for the seniors with blue tins, or drop some spare change in the tins at the office and Courtside Café.

A huge thank you to the Townsville State High School P&C Association and the Senior Student Council – both have kindly donated money towards the events, so that students can be well fed and hydrated to make it through the long night.

Townsville State High School Student Dress Code

Below we have set out the rules on the school’s uniform policy as per the Student Diary. We expect all students to have the correct attire. If you have any concerns please contact the relevant Deputy Principal.

Students not in a uniform are to carry a dated explanatory note from home and must have this note signed by the Tag teacher or Senior Administration.

Uniform for Senior Students

Please note it is compulsory for all students in Years 10, 11 & 12 to wear the senior shirt, no polo shirts are acceptable.

Smoking Banned 5 Metres Around School Grounds

Smoking any tobacco products or using an electronic cigarette within five metres of any state or private school grounds has been banned. This applies before, during and after school hours as well as over weekends and school holidays.

On the spot fines can be issued by environmental health officers, police or other officers authorised by the local government to anyone found in breach of this legislation. The ban does not extend to businesses or residences that share a property boundary with a school.

Smokers are asked to put out your cigarette and dispose of the litter thoughtfully well before you reach the school boundary.

2020 Canteen Price List

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<thead>
<tr>
<th>TOWNSVILLE STATE HIGH SCHOOL</th>
<th>CANTEEN PRICELIST 2020</th>
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<tbody>
<tr>
<td>FRESH FOOD</td>
<td>OTHER HOT FOOD</td>
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<td>SANDWICHES</td>
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<td>WRAPS</td>
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<tr>
<td>HOMEMADE HOT FOOD</td>
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<tr>
<td>DAILY HOT FOOD</td>
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<tr>
<td>BURGERS - FRIDAY ONLY</td>
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</tr>
<tr>
<td>DRINKS</td>
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<td>SNACKS</td>
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<table>
<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Classic Pie</td>
<td>$4.20</td>
<td>Macaroni Cheese</td>
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<tr>
<td>Flavoured Pies</td>
<td>$4.70</td>
<td>Fried Rice</td>
<td>$4.50</td>
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<td>Sausage Roll</td>
<td>$2.60</td>
<td>Beef Burrito</td>
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<td>Spinach &amp; Cheese Roll</td>
<td>$3.30</td>
<td>Chicken Enchilada</td>
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<td>AVAILABLE WEDNESDAYS ONLY</td>
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<tr>
<td>$2.80</td>
<td></td>
<td>Butter Chicken &amp; rice</td>
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<td>select from chalkboard</td>
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<td>If you wish to order you can add or take off what you wish - please do this before</td>
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<tr>
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<td>Mini Pizza</td>
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<tr>
<td>$1.90</td>
<td></td>
<td>Fruit Cup</td>
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<td>$4.20</td>
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<td>Whole fruit</td>
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<td>fresh Yoghurt</td>
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<td>Biscuits/ cakes from 50c</td>
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<td>Frozen treats from $1.30</td>
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<td>Slushy Large</td>
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</tbody>
</table>

Get a plan now!

To make an appointment to discuss how Andy can help, contact:

Andy Slater  
Email – aslat47@eq.edu.au

Link and Launch

Link and Launch Year 13

Got a plan for after school with work and study?

Leaving school after graduation from Year 12 can be both exciting and scary. There are many opportunities for study, work and training, but it can be confusing to work out what you want to do and how to make it happen.

Link and Launch is a school-based program that is here to help you start, stay on track, get support and see results for a successful post-school transition.

Your Local Townsville State High School Link and Launch Manager is Andy Slater. She will assist you to navigate a range of post-school education, training and work options in line with your individual goals, aspirations, skills and strengths.

Want some help?

The new Link and Launch program can help you find out what is available and how to get there. Through Link and Launch, we can help you weigh up your options and work with you until you are successfully linked to your future pathway.

Who can attend?

You can! As a recent Year 12 graduate (past two years), if you are looking for support to enrol in further study or training or if you can’t find a job, you may be eligible to join the program.