3 September 2015

From the Principal

Incoming Principal Townsville SHS:

This will be my last newsletter as the Principal of Townsville State High School. I am retiring from the Principalship at the end of this term. It gives me great pleasure to inform the school community that, after a regional recruitment process which included a representative of the Parents and Citizens Association, Mr Robert Slater has been appointed as Principal of our school. Rob will commence at the beginning of term 4, 2015 (Tuesday 6th October). Rob has been the Principal of Middlemount Community School, in the Central Queensland Region for the last 7 years and is looking forward to relocating with his family to Townsville and taking up the position of Principal of our school. As you would expect, I will be doing a thorough handover to Rob to ensure that his commencement is as smooth as possible. I would like to thank all parents/caregivers, students and staff for supporting my leadership over the last 20 months and wish each and every one of you the best for the future.

Parent/Caregiver &Teacher Conferences:

Thank you to those parents/caregivers who were able to make it along on Tuesday 25 August for conversations with teaching staff about student progress with the learning program. A reminder that all teachers are willing to discuss student progress at any time with parents/caregivers and that this can be done via email, over the telephone or in a meeting, all of which can be organised by contacting the school office on 47 218 777. Current research clearly shows that students of parents/caregivers who take an ongoing interest in their Education do better at school and post school, as they move on to further study, or work.

‘Heaps’ Happening at Town High:

Since our last newsletter in August, so much has been happening in our school to enrich the educational experience for our enrolled students. As well as our daily learning program, we have had Maths Week, Science Week, Inter-School Athletics, Inter-School Sports, Chess Championships, the Townsville Cultural Festival, Japanese Speaking Competition, The Townsville Careers Expo and as I write this newsletter we are preparing for the 2015 School Musical, Life Goes On, a Beatles Tribute. I reminded students at the last whole school assembly that there was plenty to get involved in at our school and that they should consider joining in some of the many options we offer throughout the school year!

Parents & Citizens Association Meeting (P&C):

The next P&C meeting is being held on Tuesday 8 September commencing at 6.30pm in the school administration block. On behalf of President Andrew Cummins, I invite you to attend to hear about our school and its plans for the present and the future!

Frank Greene
Principal

Woolworths Earn & Learn

We are excited to be taking part in the 2015 Woolworths Earn & Learn program.

Last year, we were able to purchase some great resources with the points we earned, thanks to you.

From now until 8th September, 2015, you can collect stickers at Woolworths that go towards Earn & Learn points. For every $10 you spend at Woolworths (excluding the purchase of tobacco, liquor and gift cards), you will receive a sticker. These stickers can then be given to your children to collect on a special sticker card. Once it is completed, they can simply bring it back here to school or you can drop them into your local Woolworths collection box.

The more points we earn, the more we can redeem from a choice of over 7,000 educational resources including mathematics and English resources, art & crafts materials and much, much more!
We are grateful for your support and look forward to a successful program. If you have any questions, please ask at School or visit the Woolworths website www.woolworths.com.au/earnandlearn.

Lost Property

We have an abundance of lost property in the office. If you believe your child is missing something, please send them to the office or come in and have a look. All property left here at the end of term will be donated to Lifeline.

Townsville State High School Facebook Page

Our Facebook page has been active since late last year and it is terrific to see the amount of content about our students and school programs appearing on the site and being updated on a daily basis. To view the page and post a message, please access via this link and once on the page, hit 'like'.


We are following a clear and strict set of guidelines related to Facebook usage by schools and our ‘gatekeepers’ are currently doing a fantastic job of monitoring content!

Coming Events

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<td>07-11/09</td>
<td>Year 12 Exam Block</td>
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<td>08/09</td>
<td>P &amp; C Meeting</td>
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<td>14-18/09</td>
<td>Voluntary Work Experience for Years 10 - 12</td>
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Payment of 2015 Textbook and Resource Hire Fees

Participation in the 2015 Student Resource Scheme are now overdue.

Payment may be made in full as a single payment or by instalments.

Please refer to the Participation Agreement Form forwarded with the invoices for 2015. If you do not have a copy of the Participation Agreement Form you can collect a copy from the school office.

Please elect to participate or not participate in the scheme on the Agreement Form and return to the school. Non-payment of the participation fee by the designated payment date(s) may result in debt recovery action being undertaken for the overdue participation fee which may result in extra costs being incurred by the parent/carer.

Non-payment of the participation fee will also result in withdrawal of students from extra-curricular activities some examples include: Yr 7, Yr 8, Yr 10, Yr 12 camps, afternoon sports, NQ Sports, Vocal and Guitar Lessons, use of the School buses, Yr 12 Formal, Senior Jerseys, School Magazine, posting out of school reports.

For your convenience, the school office has Eftpos facilities and can be processed either in person or over the phone. The school also accepts payment via Direct deposit to the school’s bank account – BSB 064-819; Account 00090292 and stating the student’s name and invoice number.

Thank you to those parents who have already attended to payment of Textbook/Resource Hire Fees. Payment of school fees and return of text books ensures a fair and equitable distribution of resources. Thank you for your assistance.

BPoint - Parent Payments

Following the implementation of BPoint integration with Agresso and the changes made to customer Invoices and Statements to include the BPoint web address, many parents are now making their payments via BPoint. When parents make these payments via the BPoint website they need to ensure that they enter their Customer Reference Number, Invoice Number and Amount to pay.

Narelle Searston
Business Services Manager

QPARENTS Registration

Thank you to those parents/caregivers who have registered for ‘QPARENTS’, which is a secure online parent portal. The online portal allows you to electronically notify the school of any student absence, check on the attendance and behaviour of your child, view a student’s current timetable and subjects, update contact details and receive any accounts for payment.

THE SYSTEM IS EXCELLENT AND HIGHLY RECOMMENDED TO YOU!

All parents/caregivers should have received a mail package and emails about how to complete registration. Please contact the office if you need any support to register.

Newsletter Distribution

To ensure that you are receiving the school newsletter, please register with Schoolzine. The purpose of moving to this new format is to engage the school community more effectively.
and provide parents, students and the community with a more effective and content rich newsletter format.

This new format will include video, image galleries, online bookings and feedback forms, calendars and much much more.

http://townsvilleshs.schoolzinenewsletters.com/subscribe

From the Rolls Office

Student absences are to be explained by a parent/caregiver to the Rolls Officer Lyn Brice stating the reason and dates of absence. This may be done by phoning the school on 4721 8777 or 4721 8756 or by emailing absencesadmin@townsvilleshs.eq.edu.au Student absences of three or more days due to illness require a medical certificate. Medical Certificates should be emailed to the above email address or hand delivered to the Rolls Office. Your prompt assistance with explanation of absences will be greatly appreciated.

PROCEDURES FOR LATE ARRIVAL/EARLY DEPARTURE

Should a student arrive late in the first period, a letter of explanation or a note in the Student Diary from the student’s parent/caregiver is required for their Subject Teacher. This letter or note must be presented to the Rolls Office if the student is arriving at school after 8:45am.

If there is a need to collect your student from school early, you must do so via the front office and sign your student out. A note should be written in your student’s Student Diary, the student then presents the note to the Student Counter before school. A Leave Request will be given. The student will show this to their teacher when they need to leave the class.

Lunch passes will NOT be approved. This applies to students of all year levels.

Students who feel unwell at school must first report to the class teacher who will direct them to the General Office with a note to this effect. During morning or lunch time recesses, students should report directly to the Office.

Facilities for housing sick students are limited. Sick bay is used as a holding station only. Your student needs to know a contact number so that we can phone parents and send students home as quickly as possible.

Every Day Counts At Town High

Students of Town High are expected to attend school every day.

We believe strongly in the statement: every day, in every classroom, every student is learning and achieving.

Research clearly tells us that students who attend school, achieve to their potential. This is what we want for all of our students.

If a student is absent, then his/her absence must be explained within two days.

Absences can be explained in a number of ways:

- a phone call to the Absence Line on 4721 8768;
- email the Rolls Officer on absencesadmin@townsvilleshs.eq.edu.au;
- a letter from you that your student hands to the office.

Students who are in the compulsory schooling years (Years 7-10) who do not attend school regularly, will work with our Student Wellbeing Department to re-engage with schooling. Parents/Guardians of these students will receive formal and legal Education Queensland correspondence that can lead to police prosecution if students do not attend school.

Students who are in the post compulsory schooling years (Years 11 and 12) who do not attend school regularly will also work with our Student Wellbeing Department to re-engage with schooling. If attendance fails to improve as a result of this support, these students will have their enrolment cancelled at this school.

Townsville State High School — every day, in every classroom, every student is learning and achieving.

Every day counts…..because children achieve better when they go to school all day, every day
Every day counts…..because going to school means getting a better chance at life
Every day counts…..because school helps students make friends and be happy
Every day counts…..because the law says children must go to school

Congratulations

A big CONGRATS to Norma who has been nominated for the Townsville City Council Senior of the Year Awards! As a nominee Norma will be attending the awards ceremony and presentation event on Thursday at RSL Stadium.

"Way to Go Norma" and THANK YOU for all of your great work in our school and the Townsville community!
Junior Secondary

Message from the Junior Secondary Deputy Principal

Literacy Tips

Question Time

The ability to analyse and answer questions appropriately is a valuable and crucial skill for all learners.

Spend about 5 minutes a day asking your child questions. Young children, and some older ones, find it hard to relate to questions they are unfamiliar with so make sure you ask them questions that are real to them.

Asking them “Why”, “What” and “How” questions are great for this activity as they encourage the child to comment on their thoughts. For example, “What was this movie about?”, “Can you tell me what happened?”, “How do you make a sandwich? Tell me so we can both make one” and “Why do you think the baby is crying?”

It is important that you focus on the following 3 points in your child’s answers.

1. Amount of information (too much or not enough?)
2. Is the information sequenced appropriately? i.e. When they are telling you about an event are they explaining it in the right order?
3. Is the information they give appropriate and relevant?

If your child is having problems with any of the above areas it is important that you teach them how to answer questions properly. Guide them through by giving them examples of what the correct answer is.

Robyn Harvey
A/Junior Secondary Deputy Principal

YEAR 6 TRANSITION PROGRAM

Parents attended our information evening held in the library on the 13th August where they received information on the subjects and experiences on offer for Year 7 at Town High. This is always an excellent evening with parents, prospective students and teachers meeting and discussing curriculum options for their students. Once again parents were very interested in our maths and science programs as well as our school philosophy and extra curricula activities on offer such as art, music, drama and the Formula 1 in schools project. Numbers for this event were up this year despite the evening clashing with a Cowboys game. The evening finished with a BBQ giving further opportunity for parents to get to know some of our teachers. It was great to see some very keen year 6 students who were excited with the prospect of starting 2016 at Town High.

Enrolments are now open for 2016. Please phone the office to make an appointment.

A second transition day for Year 6 students will be on offer in Week 8 of Term 4 and we look forward to meeting your students on this day.

NATIONAL TREE PLANTING DAY

This year Town High received an additional 70 native trees and shrubs which have been planted around the school by senior students as part of their competencies in VET subjects. It is anticipated that junior students will now become involved in the care for these trees so everyone can benefit from the additional shade and beautification these trees will one day provide for our school environment.

JUNIOR SECONDARY LUNCH TIME SPACE

Students in Years 7 and 8 are enjoying our weekly lunch time “Junior Space” where they can chat with other students and staff, read books or play games. By providing students in their first years of high school with a safe place to chill out and chat with each other and their teachers, we are able to provide some opportunities for social skilling, resilience building, and anti-bullying tactics in a fairly informal setting. This space’s popularity is growing weekly and I suspect will be popular in the upcoming change in weather.

Tom Harvey
Yr 7 and 8 Coordinator

JUNIOR AWARDS PARADE

Our Junior awards parade this term saw a large number of students receiving awards in recognition of their industrious efforts. Some students received multiple awards and it was excellent to see some students being recognised not only for academic success, but for their engagement, improvement and diligence throughout the term. Congratulations to all students, this is an amazing effort.

Denise Reeves
A/HOD Junior Secondary

Opti-AWESOME!

What combines mutant alligators, gnarly narwhals, utopian dreams of life beneath the waves, and the lost city of Atlantis? Opti-MINDS, or more specifically, Town High’s response to the Social Science challenge in the 2015 Opti-MINDS challenge. A team of five year 7s took on schools from across Townsville and the wider region to represent our school in creating a utopian community. Their task required them to work together to come up with a solution that used ingenuity and creativity to create a sustainable reality and present it to a panel of judges in a 10 minute presentation. Connor Bacon, Keziah Furnell, Jonas Gibson, Euan Kerswell, and Keleria Vuki astounded judges with their imaginations and a unique use of recycled materials. Mr Tom Harvey, team facilitator, and Mrs Peta Hearm, judge, were fortunate to attend the event on Sunday 30th August and were “blown away” by the work of our students.

At the end of the day, our team placed third overall with Honours and a coveted ‘Spirit of Optiminds Award’, which is testament to their teamwork, unique vision, leadership, and hard work.

Well done to our awesome Opti-TEAM!
Senior Secondary

Queensland Core Skill (QCS) test

The QCS Test was conducted on Tuesday 1st and Wednesday 2nd September, and was well attended by our Year 12 OP eligible students. On both days, the Support Services Team, Reef Curriculum Advisor and members of the teaching staff looked after these students with a hearty breakfast and tasty lunch. All students did their very best on the test and we wish them the best for their results. With the test concluded for Year 12 students, they will no longer be attending QCS preparation classes on Wednesday afternoons and will need to choose a senior option in its place, or apply for exemption. Forms for this are available from the front office.

The QCS preparation program for next year’s Year 12 group (current Year 11 students) will commence in Term 4. A notice of intent to sit the QCS form will go home with Year 11 students at the end of this term and are due back Week 1 Term 4. If you have a child in Year 11, please discuss their intentions with them and if you have any questions please do not hesitate to contact the school.

Year 12 Exam Block

The Year 12 Exam block has been scheduled for next week and will run from Monday to Friday. Please note the following schedule for Year 12 subjects:

Attendance at exams is compulsory for all students enrolled in these subjects. Year 12 students are not required to attend school on days that they have no exams unless advised by the Senior School Deputy Principal, A/Head of Department Senior School or their Reef Curriculum Advisor.

QATSIF Celebration

On Thursday 6th August, Mrs Mladenovic, Ms Baira and Mr Cook accompanied our QATSIF scholarships recipients to St Margaret Mary’s College for a celebratory morning tea with other regional scholarship recipients. They had the opportunity to listen to community elders speak and share stories and life journeys with students from other schools. Our school spokesperson, Tearin Sailor-Neill spoke of how grateful she was to be a scholarship recipient and how the scholarship had helped her. As a school, we thank the QATSIF board for their continued support of Aboriginal and Torres Strait Islander students to achieve their QCE.

QCE

We are once again closely monitoring our Year 12 students to ensure that they meet requirements to be awarded the Queensland Certificate of Education. If you have a student in Year 12 we ask that you talk with them about the importance of meeting the requirements to be awarded this Certificate and the recognition that it represents successful completion of their schooling. Students who do not make themselves eligible for the Queensland Certificate of Education may be restricted from attending extra-curricular activities which may include the school formal. If you have questions or concerns regarding this please speak with Mrs Mladenovic (Deputy Principal Senior Secondary).

2015 Early School Leavers Survey

The Queensland Government is conducting its annual statewide survey of students who left school in Years 10, 11 and prior to completing Year 12 during 2014. The Early School Leavers survey is a short, confidential survey that collects information about what young people are doing the year after leaving school. The information from the survey helps our schools to understand the pathways young people follow after leaving school and to plan services to support transitions into study or employment for our students.

Between July and August, our students who left school in Years 10, 11 and prior to completing Year 12 last year can expect to receive an invitation to complete a web-based survey or a telephone call from the Queensland Government Statistician’s Office to complete the survey. Please encourage early school leavers to take part.

For more information, visit www.education.qld.gov.au/nextstep/ or telephone toll free on 1800 068 587.

Important Notice for Senior Students

Student on their P’s are not permitted to transport other students unless they are siblings. Students who drive to school are also reminded that they must comply with all parking provisions within the school and they must not leave school grounds during the day. Failure to follow this policy could result in school disciplinary action. The safety and wellbeing of all students is a priority for our school. If
you have any questions regarding this policy please see Mrs Mladenovic.

Kaylene Mladenovic
Deputy Principal Senior Secondary

Unique Student Identifier (USI)
From 1 January 2015, the Australian Government requires all students studying Vocational Education and Training (VET) to have a Unique Student Identifier (USI). This includes students who are studying VET in schools. Townsville State High School must have a valid USI for a student before issuing a qualification or statement of attainment.

What is a USI?
From 2015, anyone undertaking a Vocational Education and Training course (eg: through TAFE or other training providers, but not University) will need to have a “Unique Student Identifier” (USI) - this is a bit like an account number made up of letters and numbers and is allocated to you. It is used to identify you when undertaking any vocational training from 2015.

This USI allows you to login to your training account and see all your training records and the results of all your courses. You can also print out all your results to take to an employer when you are applying for a job or to any training provider when you are doing any additional courses.

You should have this Unique Student Identifier before you can commence any courses and must have it to obtain your certification or statement of attainment. If you don’t already have one, you can create one at www.usi.gov.au.

At Townsville SHS we will be assisting students with the application for their USI. Students’ must provide suitable identification through one of the following:

- Driver’s licence
- Medicare card
- Birth Certificate (Australian) — please note a birth certificate extract is not sufficient
- Australian Passport
- Visa (with Non-Australian Passport) for international students
- Certificate Of Registration By Descent
- Citizenship Certificate
- ImmiCard

Each learner at Townsville State High School will either be required to provide their existing USI (if not already on record at the RTO) or apply for a USI. Students can access the USI Fact Sheets from the school’s web page and also the school’s curriculum network.

Each student who enrolls in a VET course will need to complete the following:

Action 1. The student applies for a USI at home
- The school sends home information about the USI and what the process will be for application and provision through Newsletters and Parent Information letters

- Students obtain a USI at home via the website www.usi.gov.au
- The student provides the USI to the school using the USI Collection and Verification form
- The school verifies the USI via the website www.usi.gov.au
- The school records the USI, inputs this information into the Student Management System or record in the USI Register

Action 2. The student applies for a USI at the school
- The school sends home information about the USI and what the process will be for application and the types of identification that will be required by the learner
- Students apply at the school during a set class time with the assistance of the staff
- Students will record their USI and provide the number to the teacher using the USI Collection and Verification form
- The school verifies the USI via the website www.usi.gov.au
- The school records the USI, inputs this information into the Student Management System or record in the USI Register

$5 Formal!
This year, Town High is having another formal, but not the typical high class event we expect. In week 10, Thursday 17 September, the Grade 12 students are invited to a $5 formal. The theme is to dress up in your daggiest clothes that you can find at an Op Shop, using items that cost around 5 bucks.

Held in the hall, our seniors will be able to have a warm up to the real thing, with the hospitality students providing catering for the event. You can come by yourself or with friends, as it starts at 6 pm and will be finished by 9 pm. The school based police officer along with several teachers will be in attendance for supervision, but the night will be packed with activities organised by the Student Council.

So free up your calendars and start hunting down those daggy clothes for Town High’s first $5 formal!
News from the Science Department

National Science Week – 17th to 22nd of August

Town High students recently got their chance to discover wonder of science! As a part of National Science Week, students got to work with a real forensic scientist, hear from local scientist Fiona Merida from the Great Barrier Marine Park Authority (who spoke at TEDx Townsville), build catapults, compete with their Rube Goldberg machines and meet distinguished scientists who use photography to inform their research.

National Science Week 2015, The International Year of Light, is a fitting topic for shining the light on science that is all around the students. Students got the pleasure of working with the scientists in residence over five days. During this time students got to examine forensic experiments, learn about the importance of looking after the environment and how science and art are linked. Teachers and members of the Townsville State High School community were also lucky to participate in some one-off workshops after school in the local libraries.

Catapult Competition - Students got the chance to build a catapult and compete in our annual catapult competition.

Real Life Forensics - Students worked with a real forensic scientist from Cairns to complete a range of activities including detecting and sampling evidence. They also heard about what is involved in being a forensic scientist including career pathway options. These activities were well received by students.

The Year Eight Rube Goldberg Competition – students demonstrated their engineered designs in a competition.

TEDx Townsville Speaker – Fiona Merida’s spoke about her life experience studying the reef and the program Eye on the Reef at our full school parade. This was a compelling talk, you could have heard a pin drop in the hall. If you would like to watch Fiona’s talk https://www.youtube.com/watch?v=F8RgQz21UC8 or are interested in Eye on the Reef program, read more here: http://www.gbrmpa.gov.au/managing-the-reef/how-the-reefs-managed/eye-on-the-reef

Eliminate Dengue – Students got to hear about a world class scientific program to eliminate the dengue virus.

Nationally recognised scientists in residence – students got to hear talks from two nationally recognised scientists, who use light to inform their science. There were two special workshops for students studying Physics and Art. The two scientists have distinguished careers, Professor Tailoi Chan-Ling from Sydney University and Emeritus Professor David Vaney a research scientist from the Queensland Brain Institute. Both of these scientists are nationally and internationally acknowledged for their use of images that have informed their scientific research. Both have been acknowledged at the prestigious Eureka Science Prizes for their work.

National Youth Science Forum

Lorrie Salomon has recently been acknowledged by being selected for the National Youth Science Forum (NYSF) in January 2016. NYSF is a prestigious program that consists of a mix of scientific, formal, personal development, and social activities. Students learn to make informed decisions about study and career options in Science, Technology, Engineering and Mathematics (STEM) fields, and develop a professional skill-set to help them realise their potential. Well done to Josh Jones and Perry Chapple who also got to the interview rounds.

Working with Real Scientists – Biology and Physics

Year 11 Biology students got their chance to work with a team of scientists to enhance their scientific field work. The fifty students that had this experience are completing an assessment on the health of the estuary located along Ross Creek as a part of their Senior Biology program. The scientists are experts in the field of marine and estuary ecosystems from the Estuary and Coastal Wetland Ecology Research Group from the College of Marine and Environmental Science at James Cook University. This partnership formed as a part of the CSIRO’s Scientists in Schools Program.

Students in Year 11 Physics also get a taste of industry working with another of our Scientists in Schools volunteers, Ian Morrison. Ian devotes time every week to assist the Year 11 students with their Physics studies. Ian, a retired engineer, provides real-life experience and assistance for our students in their studies.

Sarah Chapman
Head of Department – Science
News from the Arts Department

Congratulations to staff and students for another great Musical. This year the script for the Musical was created by a group of staff members at the beginning of the year and the ideas and script grew from there, continuing to shape and change through rehearsals as students got into their characters and understood the music and lyrics better.

There were some star performances from the cast in a hectic schedule of five performances in three days. The audience participated and joined in the singing of the well known and loved Beatles melodies. On Saturday evening some staff unexpectedly joined the cast on stage in ‘Twist and Shout’.

To the staff behind the scenes who put their hands up to help and who worked tirelessly on sets, props, food, costumes, backstage, lights, sound…the list goes on, we thank you.

Thank you to all the cast and crew, you put in many hours after school and over weekends perfecting your performances and it paid off, we have heard nothing but praise for you all. Your enthusiasm and dedication is noteworthy. Congratulations and we hope to see you all again next year.

News from the Community Education Counsellor

Congratulations to our Year 11/12 Indigenous Earn Learn Legend students that participated in the Indigenous flag duties at 1300 Smiles Stadium for the Cowboys vs Eels game on the 27th July 2015.

ANZ School Based Traineeship program

Indigenous Students who are currently in year 10 are eligible to apply and will complete their traineeship through years 11 and 12. The base requirements for the traineeship are passes in Maths and English on their most current school report.

Applicants can send their details to: Jenny Boss Career Development Manager, ANZ Traineeships and Indigenous Employment Australia and New Zealand Banking Group Ltd
Mobile: 0478 302 248 Level 20, 111 Eagle Street, Brisbane, 4000 Jenny.Boss@anz.com Or apply via www.anz.com/indigenousemployment

Wingara Mura - Bunga Barrabugu Summer Program 2016

APPLICATIONS ARE NOW OPEN! For Year 9 – 12 Indigenous Students

http://sydney.edu.au/indigenous-summer-program/registration/ Learn more about the Wingara Mura - Bunga Barrabugu Summer Program by downloading our brochure (PDF).

If you have any questions about the application process please contact: The Compass Team on (02) 8627 8515 (F) 02 8627 8518 E: compass.casuals@sydney.edu.au

For further assistance please speak with Rothana Baira – Community Education Counsellor

Interschool Athletics Carnival Results

Just recently over 80 of our Town High athletes competed proudly in the Interschool Athletics Carnival held at the Red track on the 18th and 20th August. The Town High spirit was alive, with all students in attendance keen to give every event ago and cheer on every competitor we had, which was excellent to see.

Congratulations to the following students who have made it into the NQ trials for athletics on Friday the 5th of September.

Girls

Kelera Vuki - shot put
Aleisha Moore – 400m
Princess Stephen – Discus
Gracie Dale – 3000m
Haylee Andrews – triple jump
Mishayla-Rae – 400m & long jump
Kayla Horne – Discus & long jump

Boys
Josh Knight – long jump
Myron Ahwang – 400m, 200m, 100m
Theo Willis – 1500m, 800m, 400m & 200m
Cloudy Stephen – shot put
Douglas Cyubahiro –

The students produced a number of great performances to help Town High to overall 2nd in the girls divisions and 2nd in the Boys Divisions. In doing so, Town High received the following results.

B school Results - Girls

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Mathew Williamson
Sports Coordinator

BUSINESS EDUCATION – WE ARE WAY AHEAD!!!

Organisation and Work Teams is the topic currently being studied this term by the year 11 Business Communications and Technologies (BCT). Students are learning about effective teamwork, personal and interpersonal communication skills. These skills are very important as today’s work environments require people to have skills that enable them to operate in an increasingly interconnected and globalised world.

Work team skills give the students an opportunity to build their confidence to enable them to participate in the world of business after school. You can see from the photos how much fun the students had while they learned about this topic.
News from the Guidance Officer

Year 12
CAREERS NEWS

QTAC (Queensland Tertiary Admission Centre) application are open NOW and close on the 30th September 2015 (cost $36 until the 30/9/15, then late fee of $134). The QTAC Guide was distributed to all Year 12 students on Friday, 31st July and all students are able to book appointments with the Guidance Officer to work through the QTAC interview sheet if applying for University or to discuss career options/pathways for 2016, such as TAFE, +++ lots more. I encourage all Year 12 students to take up this opportunity.

Did you know there are thousands of scholarships available each year for tertiary study in Queensland?

Scholarships are offered by universities, TAFE Queensland, private providers, the Commonwealth and Queensland governments, and some professional associations and industry groups.

Common categories include:

- Financial hardship scholarships
- Equity scholarships for women and Aboriginal and Torres Strait Islanders
- Scholarships for specific fields of study
- Sporting scholarships.

A scholarship can help pay for course fees, text books, accommodation costs and living expenses.

No matter what your further education and training goals, it is worth finding out what’s available.


Queensland Core Skills (QCS) Test: OP eligible students and other Year 12 students applying for a ranking will be sitting the QCS on Tues 1st and Wed 2nd September. This can be
understandably a stressful time for students, the good news is its manageable and normal, and it means you care. Top 5 tips:

- **Get a good night’s sleep.**
- **Eat well – nutritious food and drink water.**
- Remember you’ve done all the prep you can, so **breathe** (slow, deep breaths) and do your best.
- **Positive self-talk** – Positive affirmations, “I can do it”, “I’ve got this”, “I’ll give it my best shot”, and be positive and encouraging of others, it’s contagious.
- **Do some exercise:** whatever you enjoy, walk, swim, run, ride, etc. and smile.

Good luck!

JCU Open Day 2015
Date: Sunday 30th August 2015
Time: 10.00am – 2pm
Location: Townsville Campus

CQU Open Day 2015
Date: 29th August 2015
Time: 9am-2pm
538 Flinders Street, Level 1.

Some great resources online are

- www.myfuture.edu.au (Career information)
- www.jobguide.education.gov.au (careers and training)
- www.joboutlook.gov.au (trends)

All careers information and opportunities will continue to be advertised in the student notices read during Tag, put in the newsletter, at senior parades or during PDL classes. Remember you can always come and ask during break times or better yet, organise an appointment.

Regards, and any questions please call.

**Theresa Irving**
Guidance Officer

**Antipodeans GapBreak Application Days During School Holidays**

**Paid Gap Year Jobs & Volunteer Placements – Don’t miss out!**

Antipodeans Abroad is running important GapBreak Application Days from Tuesday 22 - Thursday 24 September 2015. This is the final round of Application Days before end of year exams. If students wish to participate on a paid work or volunteer travel program in 2016, they need to select a time for a 25 minute Application Meeting on one of these days.

**Students who attend an Application Meeting are given priority over other applicants when selecting their preferred destination.**

**When:** Tuesday 22 - Thursday 24 September 2015
**Where:** Over the phone or in Antipodeans Sydney office: Level 3 / 182 Blues Point Rd McMahons Point NSW 2060.
**Destinations:** Canada, UK, Peru, South Africa & more!

For more information go to: www.antipodeans.com.au/Programs/GapBreak

**Theresa Irving**
Guidance Officer

**News from the School Based Youth Health Nurse**

Students attending Townsville State High School have the opportunity to have their Headspace appointments at School. We are very fortunate to have Headspace providing a weekly service here on site.

Students and families can still self-refer to Headspace by phoning the centre on 47991799 or by referral.

For more information go to the Headspace Website or facebook site.

Alternatively, the Townsville SHS Guidance Officer and School Based Youth Health Nurse can also provide information ph: 47 218 777.

**Town High 5**

Many factors contribute to the success of students attending high school. Our **Town High 5** program is aimed at boosting academic performance. Town High has identified 5 key areas that students need to address in order to get the most out of their education. They are

1. Rest
2. Nutrition
3. Emotional Support
4. Attendance
5. Gear

In this newsletter the focus is on the **No. 1 - Rest.**

Not enough sleep can have negative effects on moods, personal behaviours, decision making, and health! Research tells us that when teenagers do not get enough sleep it greatly affects their learning.

Without enough sleep students fall behind their peers and become disengaged. Not all students are always getting enough sleep, especially as with the emergence of iPods, smart phones and social networking. Students often feel they may be
missing out if they are not staying connected with friends and will sacrifice sleep time to stay online.

Some students may have trouble getting to sleep, waking up on time, or sleeping through the night without disturbances. As well as seeming tired, teenagers may also seem to be lacking energy, easily irritable, and have trouble concentrating and remembering information.

Some steps you can take to ensure students are getting enough sleep include:

- ensuring a bed time routine
- restricting the use of electronic device leading up to bed time
- limiting the number of commitments of the student
- Avoiding drinks with caffeine after 5pm.

A great night’s sleep really sets up your student for success during the exam week.

Each of the Town High 5 areas have support documents on the school website townsvilleshs.eq.edu.au / Look under the Support & Resources Tab / Town High 5 / Links to additional readings.

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**Townsville State High School Student Dress Code**

With the cold weather now upon us, we understand the need for warmer clothing please ensure that you have checked the dress code and your student is in full school uniform everyday.

Below we have set out the rules on the school’s uniform policy as per the Student Diary. We expect all students to have the correct attire. If you have any concerns please contact the relevant Deputy Principal.

### JUNIOR SCHOOL (Years 7 to 9)

<table>
<thead>
<tr>
<th>Girls</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Shirt</strong></td>
<td>Polo style T-Shirt in bottle green and navy blue with the school logo on the pocket.</td>
</tr>
<tr>
<td><strong>Shorts</strong></td>
<td>Navy blue shorts with the school logo on the short leg</td>
</tr>
<tr>
<td><strong>Skirt</strong></td>
<td>Navy blue skirt with inverted box pleats</td>
</tr>
<tr>
<td><strong>Shoes/ Socks</strong></td>
<td>Lace up sports shoes (See attached pictures for acceptable and unacceptable styles) White sport socks</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Boys</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
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<td><strong>Shorts</strong></td>
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</tbody>
</table>

### SENIOR SCHOOL (Years 10 to 12)

<table>
<thead>
<tr>
<th>Girls</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Shirt</strong></td>
<td>Green and white striped shirt with school logo. Girls must also wear a clip-on tie in navy blue and green</td>
</tr>
<tr>
<td><strong>Skirt</strong></td>
<td>Navy blue skirt with inverted box pleats (All girls’ skirts should be worn from the waist to near the knee, with blouse overlapping the skirt.)</td>
</tr>
<tr>
<td><strong>Shorts</strong></td>
<td>Navy blue shorts with the school logo on the short leg</td>
</tr>
<tr>
<td><strong>Shoes/ Socks</strong></td>
<td>Lace up sports shoes (See attached pictures for acceptable and unacceptable styles) White sport socks</td>
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<td>Green and white striped shirt with school logo</td>
</tr>
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<td>Navy blue shorts with the school logo on the short leg</td>
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<td><strong>Shoes/ Socks</strong></td>
<td>Lace up sports shoes (See attached pictures for acceptable and unacceptable styles) White sport socks</td>
</tr>
</tbody>
</table>

A hat must be worn at ALL times when outside, including HPE lessons and lunch time activities.

### Winter – Boys and Girls Years 7 to 12

1. Navy blue tailored long pants
2. The school jersey or navy blue zip-up fleecy lined or plain navy blue jumper without any logos
3. Navy, black or skin coloured tights may be worn under skirt

Students not in a uniform are to carry a dated explanatory note from home and to have this note signed by the relevant Deputy Principal.

### Jewellery & Make-up regulations

1. If ears are pierced one small, plain stud or sleeper per ear, may be worn in the lobe of the ear only. No facial piercings are permitted
2. One plain signet ring may be worn
3. One simple chain may be worn
Jewellery & Make-up regulations

4 A plain wrist watch and/or a simple, metal bangle or bracelet, no wider than 2cm

5 Hair must be of a natural colour and be worn neat and tidy

NB: Earrings (stud or sleepers) are the ONLY acceptable form of body piercing allowed.

General Items:

Safety Standards As required by Curriculum Activity Risk Management, safety standards involving footwear, hair, jewellery, must also be met.

Hair Hair must be of a natural colour and must be worn in a style which meets school community standards.

Headwear Hijabs / head coverings are to be no longer than shoulder length and must be navy blue in colour.

Tattoos Tattoos are not permitted.

Students representing the school on official excursions/activities are to wear full Representative Dress school uniform, unless notified otherwise.

Acceptable shoe styles

Unacceptable shoe styles

Non-Compliance with School Dress Code

Under the school’s Responsible Behaviour Plan and the Education (General Provisions) Act 2000, preventative conditions for non-compliance of the dress code result:

1. Failure of a student to follow a person employed in section 149.1 of the Education (General Provisions) Act 2000.

2. Preventing the student from attending, or participating in, any activity for which the student should have been participating for school.

A sanction imposed under the subsection (1) (a) or (b) may only be imposed on a person only once for each non-compliance with the dress code.

Students not in a uniform are to carry a dated explanatory note from home and must have this note signed by the Tag teacher or Senior Administration.

Student Council Bucket Hats - Now Available

NEW SCHOOL BUCKET HATS ARE NOW AVAILABLE for $10.00 each in REVERSIBLE SCHOOL AND REEF COLOURS

The Students Council has purchased 400 school bucket hats (see pictures) for sale to students. The bucket hats are reversible with school and Reef colour/name.

You will be able to purchase these bucket hats from the School Office at $10.00 each. With the sale of these hats, more hats can be purchased to keep up with the demand.

Students Council Bucket Hats

This was an initiative from the Student Council 2014.

Any questions about the bucket hats, please ring the School Office on 4721877.

Thank you,
Ms Di Giacomo

Canteen Price List 2015

TOWNSVILLE STATE HIGH SCHOOL CANTEEN PRICE LIST 2015

FRESH FOOD

<table>
<thead>
<tr>
<th>SANDWICHES:</th>
<th>$3.30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Egg &amp; Lettuce</td>
<td>$3.30</td>
</tr>
<tr>
<td>Meat &amp; Salad</td>
<td>$4.30</td>
</tr>
<tr>
<td>Salad</td>
<td>$4.30</td>
</tr>
</tbody>
</table>

OTHER OPTIONS available, various prices

<table>
<thead>
<tr>
<th>WRAPS &amp; ROLLS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cajun Chicken or Beef</td>
</tr>
<tr>
<td>Seared Beef or Chicken</td>
</tr>
<tr>
<td>Chicken Caesar Salad</td>
</tr>
<tr>
<td>Ennobi Chicken</td>
</tr>
<tr>
<td>Other options available see cartoon</td>
</tr>
<tr>
<td>1/2 wrap</td>
</tr>
</tbody>
</table>

SANDWICHES (Personal)

| Small | $3.50 |
| Large | $3.50 |

SMALLS:

| Small | $4.40 |
| Large | $5.40 |

Chicken Caesar Salad

| $4.20 |

Asien Noodle Salad

| $4.20 |

Cold Cuts and Vegetable Salad

| $4.20 |

Cold meat and Salad

| $4.20 |

Chicken and Enchiladas

| $4.20 |

HOT FOOD

<table>
<thead>
<tr>
<th>ONLY SPECIALS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHECK OUR SPECIALS BOARD FOR OTHER OPTIONS.</td>
</tr>
</tbody>
</table>

| ONLY HOTDOGS |
| Steamed Chicken Gnie sim | $1.80 |
| Steamed Beef Dm-sim | $2.40 |
| Hot Dog | $2.40 |
| Hot Dog & Cheese | $3.80 |
| Pizza Roll | $2.90 |
| Toasted Chicken & Cheese Sandwiches | $3.90 |
| Toasted Ham & Cheese Sandwiches | $3.90 |

THIS TERMS SPECIALS

| Lamb Korma |
| Mac & Cheese |
| PasTa Carbonara |
| Honey Soy Chicken & Rice |
| Beef Casserole & Mash |

Chicken Enchiladas

| $4.00 |

DRINKS

| SPRING WATER |
| 600ml | $1.80 |
| 300ml | $1.30 |

| FRUIT JUICE |
| 600ml | $2.40 |
| 300ml | $1.80 |

| SODA |
| 300ml | $1.30 |
| 600ml | $2.80 |

| BEVERAGES |
| 300ml | $3.50 |
| 600ml | $2.00 |

SNACKS

| FRUIT COPS | $1.30 |
| WHOLE FRUIT | $0.00 |
| FRESH HIGHLAND | $0.00 |
| Homemade cakes and biskets from | $0.00 |
| Frozen treats from | $2.20 |

HOMEMADE HOT MEALS Options vary each term

| CHOW MEAL |
| Enchiladas | Chicken/Bread/Piece |
| Shepherds Pie | $4.50 |
| Chicken | $4.00 |
| Chicken Caesar | $3.90 |
| Grilled Sausages | $3.90 |
| Mac & Cheese | $3.90 |
| Fried Rice | $2.80 |

OTHER SOUP |

| Premium Soup | $1.90 |
| Diced Tomatoes | $1.90 |
| Beef & Tomato | $1.90 |

OTHER HOT FOOD - WEDNESDAY

| ONLY |
| Premium Soup | $3.50 |
| Seared Beef (Healthy Choice) | $2.90 |
| Cottage Pie | $4.40 |
| Spinach & Ricotta rolls | $3.00 |
Smoking banned 5 metres around school grounds

Smoking any tobacco products or using an electronic cigarette within five metres of any state or private school grounds has been banned. This applies before, during and after school hours as well as over weekends and school holidays.

On the spot fines can be issued by environmental health officers, police or other officers authorised by the local government to anyone found in breach of this legislation. The ban does not extend to businesses or residences that share a property boundary with a school.

Smokers are asked to put out your cigarette and dispose of the litter thoughtfully well before you reach the school boundary.


**N.B. Both events are Open Days, therefore riders do not need to be Pony Club members to compete**

Save the Date!

Alligator Creek Pony Club (ACPC) are hosting the North Queensland Interschool Horse Sports competition on Saturday 10th October your students are invited to compete and represent your school. Program and nomination forms will be forwarded soon.

The following day Sunday 11th October, ACPC are holding their annual Fun Day and invite riders to make a weekend of it, camp overnight and compete the next day.
The AVCAT COMMEMORATIVE BURSARY

Commemorating 30 years of service to the veteran community.

Valued at $15,000, this special bursary aims to financially assist an Australian veteran’s child as they pursue their university studies.

Bursary Criteria and Conditions

The successful applicant will:
* be a child of an Australian veteran with operational service outside of Australia;
* be commencing their tertiary studies in 2015;
* be studying an undergraduate degree of at least three years’ duration, full-time and in face-to-face mode;
* be aged between 17 and 25 years at the time of application;
* eligible on assets and income grounds for continuous, means-tested Commonwealth benefits for tertiary education and;
* be the most deserving candidate of merit.

The successful applicant will be able to demonstrate a high level of leadership ability, community service and willingness to be an ambassador for the Trust.

Short-listed applicants will be interviewed.

The Bursary will be valued at $5,000 (5000) per year for three years.

Known as the AVCAT Commemorative Bursary, the name of the bursary reflects its purpose, namely to commemorate the organisation’s 30-year history. The recipient will be presented at an appropriate Awards Presentation ceremony in 2016.

APPLICATIONS OPEN 18TH AUGUST 2015

Application form can be downloaded from our website.

For more information please contact AVCAT:
P: 02 9213 7999   E: avcat@tla.gov.au   W: www.avcat.org.au