8 May 2015

From the Principal

ANZAC Day Commemoration:
Thank you to those parents/caregivers who were able to attend the whole school ANZAC service in our school hall on Friday 24 April. Further thanks to parents/caregivers who supported their children to attend the Townsville ANZAC Day march at The Strand on Saturday 25 April. I appreciate you support for this significant event, as well as your support for our school!

QParents Registration:
Thank you to those parents/caregivers who have registered for ‘QParents’, which is a secure online parent portal. The online portal allows you to electronically notify the school of any student absence, check on the attendance and behaviour of your child, view a student’s current timetable and subjects, update contact details and receive any accounts for payment. THE SYSTEM IS EXCELLENT AND HIGHLY RECOMMENDED TO YOU! All parents/caregivers should have received a mail package and emails about how to complete registration. Please contact the office if you need any support to register. At this point in time we have 10% of our parents/caregivers registered – our target is 60% plus!

2015 Cross Country:
Our Inter-Reef Cross Country is this Friday 8 May. Staff and students will assemble at 12 noon behind the sports shed and walk as a group to Bi Centennial Park where the course will be run/walked, then return to school as a group in time to be dismissed at 3pm. PARENTS/CAREGIVERS are most welcome to attend to support their child(ren) for this whole school event.

NAPLAN 2015 Years 7 and 9:
All years 7 and 9 students will sit for the national literacy and numeracy tests on Tuesday 12, Wednesday 13 and Thursday 14 May. All tests are held in the morning (AM) sessions. It is important that your child attends on all test days, to ensure that the data captured is as accurate as possible. If you require any further information please do not hesitate to contact Robyn Harvey, Deputy Principal Junior Secondary (rhavn38@eq.edu.au ), or Denise Reeves, Head of Department Junior Secondary (dreev16@eq.edu.au).

Our Learning Program:
Our learning program is in ‘full swing’ at the present time – every student in every subject will have been given a term planner, which outlines the content to be taught and assessment for the unit. In addition, on the planner will be the ‘know and do tables’, which clearly state what a student needs to know and be able to do as part of the unit of work – students and staff ‘tick off’ on the ‘know and do’ as they move through the unit. Please check that your child(ren) have the term planner and the know and do table attached to their subject workbook. I encourage you to have a chat to them about how they are progressing with their unit of work! If there are any issues please do not hesitate to contact the subject teacher, either via email, or through the school office.

Next Parents and Citizens Association (P&C) Meeting:
Is being held on Tuesday 12 May, commencing at 6.30pm in the Administration block Common Room. I encourage YOU, on behalf of President John Byrne, to attend, to hear about and discuss current matters of interest in our school!

Frank Greene
Principal

Townsville State High School Facebook Page

Our Facebook page has been active since late last year and it is terrific to see the amount of content about our students and school programs appearing on the site and being updated on a daily basis. To view the page and post a message, please access via this link and once on the page, hit ‘like’


We are following a clear and strict set of guidelines related to Facebook usage by schools and our ‘gatekeepers’ are currently doing a fantastic job of monitoring content!
Coming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>08/05/15</td>
<td>Inter-Reef Cross Country Periods 3 &amp; 4</td>
</tr>
<tr>
<td>12/05/15</td>
<td>P &amp; C Meeting</td>
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<tr>
<td>12-14/05/15</td>
<td>NAPLAN Testing for Years 7 &amp; 9</td>
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<tr>
<td>14/05/15</td>
<td>Year 11 Biology Excursion</td>
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<tr>
<td>19/05/15</td>
<td>Year 11 &amp; 12 Geography Excursion</td>
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<tr>
<td>20-24/05/15</td>
<td>ATSI Camp</td>
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<tr>
<td>25-29/05/15</td>
<td>Arts Week</td>
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<tr>
<td>29/05/15</td>
<td>Years 9 &amp; 10 EAL/D Billabong Excursion</td>
</tr>
<tr>
<td>02-05/06/15</td>
<td>Year 7 Camp</td>
</tr>
</tbody>
</table>

Payment of 2015 Textbook and Resource Hire Fees

Participation in the 2015 Student Resource Scheme requires payments as follows:

Yr 7-9 $170.00 ; Yr 10-12 $195.00

Plus some subject specific costs for Year 10/11/12 students.

Payment may be made in full as a single payment or by instalments.

Please refer to the Participation Agreement Form forwarded with the invoices for 2015. If you do not have a copy of the Participation Agreement Form you can collect a copy from the school office.

Please elect to participate or not participate in the scheme on the Agreement Form and return to the school. Non-payment of the participation fee by the designated payment date(s) may result in debt recovery action being undertaken for the overdue participation fee which may result in extra costs being incurred by the parent/carer.

Non-payment of the participation fee will also result in withdrawal of students from extra-curricular activities some examples include: Yr 7, Yr 8, Yr 10, Yr 12 camps, afternoon sports, NQ Sports, Vocal and Guitar Lessons, use of the School buses, Yr 12 Formal, Senior Jerseys, School Magazine, posting out of school reports.

For your convenience, the school office has Eftpos facilities and can be processed either in person or over the phone. The school also accepts payment via Direct deposit to the school’s bank account – BSB 064-819; Account 00090292 and stating the student’s name and invoice number.

Thank you to those parents who have already attended to payment of Textbook/Resource Hire Fees. Payment of school fees and return of text books ensures a fair and equitable distribution of resources. Thank you for your assistance.

Narelle Searston
Business Services Manager

From the Rolls Office

Student absences are to be explained by a parent/caregiver to the Rolls Officer Lyn Brice stating the reason and dates of absence. This may be done by phoning the school on 4721 8777 or 4721 8756 or by emailing absencesadmin@townsvilleshs.eq.edu.au

Student absences of three or more days due to illness require a medical certificate. Medical Certificates should be emailed to the above email address or hand delivered to the Rolls Office. Your prompt assistance with explanation of absences will be greatly appreciated.

PROCEDURES FOR LATE ARRIVAL/EARLY DEPARTURE

Should a student arrive late in the first period, a letter of explanation or a note in the Student Diary from the student’s parent/caregiver is required for their Subject Teacher. This letter or note must be presented to the Rolls Office if the student is arriving at school after 8:45am.

If there is a need to collect your student from school early, you must do so via the front office and sign your student out. A note should be written in your student’s Student Diary, the student then presents the note to the Student Counter before school. A Leave Request will be given. The student will show this to their teacher when they need to leave the class.

Lunch passes will NOT be approved. This applies to students of all year levels.

Students who feel unwell at school must first report to the class teacher who will direct them to the General Office with a note to this effect. During morning or lunch time recesses, students should report directly to the Office.

Facilities for housing sick students are limited. Sick bay is used as a holding station only. Your student needs to know a contact number so that we can phone parents and send students home as quickly as possible.

Every Day Counts At Town High

Students of Town High are expected to attend school every day.

We believe strongly in the statement: every day, in every classroom, every student is learning and achieving.
Research clearly tells us that students who attend school, achieve to their potential. This is what we want for all of our students.

If a student is absent, then his/her absence must be explained within two days.

Absences can be explained in a number of ways:

- a phone call to the Absence Line on 4721 8768;
- email the Rolls Officer on absencesadmin@townsvilleshs.eq.edu.au;
- a letter from you that your student hands to the office.

Students who are in the compulsory schooling years (Years 7-10) who do not attend school regularly, will work with our Student Wellbeing Department to re-engage with schooling. Parents/Guardians of these students will receive formal and legal Education Queensland correspondence that can lead to prosecution if students do not attend school.

Students who are in the post compulsory schooling years (Years 11 and 12) who do not attend school regularly will also work with our Student Wellbeing Department to re-engage with schooling. If attendance fails to improve as a result of this support, these students will have their enrolment cancelled at this school.

Townsville State High School—every day, in every classroom, every student is learning and achieving.

Every day counts…..because children achieve better when they go to school all day, every day
Every day counts…..because going to school means getting a better chance at life
Every day counts…..because school helps students
Every day counts…..because the law says children must
Every day counts…..because the law says children must
goto school

come to school.

Junior Secondary

Message from the Junior Secondary Deputy Principal

We can all do small things each day to assist our children with further developing their Literacy and Numeracy skills. Below are some tips you might like to try.

Useful memorising activity for Spelling.

When you come across a new spelling word ALWAYS use the LOOK/THINK – SAY – COVER – WRITE – CHECK method to memorise it.

- LOOK carefully at the new word. How can you break it into smaller bits? Do any of the smaller bits remind you of the patterns of letters from other words? THINK about the parts of the words which might cause problems - double letters for instance, or a vowel that isn’t pronounced as you would expect, or a tricky letter combination. Decide on a strategy to help you learn your word.
- SAY the word out loud.
- COVER the word and close your eyes. Try to see it in your mind’s eye.
- WRITE the word down without looking back.
- CHECK to see if you’re right. If not, look carefully at where you went wrong and try again.

Robyn Harvey
A/Junior Secondary Deputy Principal

Message from the Head of Junior Secondary and Wellbeing

YEAR 7 CAMP REMINDER

Townsville State High School’s 2015 Outdoor Adventure Camp for Year 7 students will be held from Tuesday the 2nd June through to Friday the 5th June at Kinchant Dam near Mackay. This is the only opportunity for students at this school to participate in an extended camp until Year 12.

Outdoor activities may include ropes course, abseiling, swimming, biscuiting, flying fox, giant swing, archery, sailing, raft building.

This camp will be a wonderful experience for your son/daughter to

- get to know other students through engagement in fun, safe activities.
- build self-confidence and self-awareness.
- develop personal, leadership and social skills and to promote a positive group identity.

Payment of all School Fees and Camp Fees must be paid by 19th May 2015.

Denise Reeves
Head of Junior Schooling and Wellbeing

Naplan Testing

The National Literacy and Numeracy Testing (NAPLAN) will be carried out this year on Tuesday the 12th of May, Wednesday the 13th May and Thursday the 14th May.

NAPLAN is not a pass or fail type test, but rather shows how students are progressing in numeracy and literacy skills against national standards for all Australian children.

There are five different test papers worked on over the three day period:
Tuesday : Two tests:
- Language Conventions
- Writing

Wednesday: One Test
- Reading Comprehension

Thursday: Two Tests
- Numeracy - Calculator required
- Numeracy - Non Calculator

The tests will be conducted for all Year 7s and 9’s on the morning of those three days.

All year 7s and 9’s will need to school by 8:30 am every morning of testing.

A breakfast is being provided to students by the school from 7:30 am

The following equipment/resources is required:

- Tuesday-
  - All students will need to have:
    - Pencil Sharpeners
    - HB Pencils
    - Eraser
- Wednesday:
  - Pencil Sharpeners
  - HB Pencils
  - Eraser
- Thursday:
  - A calculator – the school does not have spares
  - Pencil Sharpeners
  - HB Pencils
  - Eraser

If you have any other queries about this test, please do not hesitate to contact me.

Robyn Harvey
A/Deputy Principal

A Journey from the macabre to the magnificent

Year 8 History students completed their studies of medieval Europe by creating artefacts for a museum (aka library) exhibition. Students showed off their creativity, technical skills and historical authenticity by replicating a range of medieval inspired objects. Their efforts produced imposing castles, macabre devices used for punishment, fashion finery and magnificent swords.

Some of our Year 8 students found out the answer to this and many other questions on the last two days of Term 1, when they participated in an adventure-packed, river-soaked, fun-filled frolic at Ross River, in the name of building teamwork skills and encouraging leadership. Students dodged uncooked eggs and water balloons, raced to find clues at Riverway, showed their strength and agility in epic challenges that tested their minds and bodies, they built rafts from an assortment of odds and ends, and showed their finesse on SUPs (that’s Stand-Up Paddleboards for the uninitiated) and kayaks.

After two days of fun, though weary and worn out, both teachers and students returned to school pleased with the experience but wishing it didn’t have to end.

Tom Harvey
Year Level Coordinator 7/8

ANZAC Day commemorations

Students from the senior school represented our school at the ANZAC dawn service and then joined with the rest of the school for the ANZAC day march along the Strand. Townsville State High School staff and students marched proudly, whether it was with the school or with other organisations involved.

Senior Secondary

Year 8 Riverway Excursion, Term 1

What’s made of tyre inner tubes, sheets of foam, and rope, and struggles to stay afloat?

Sue Anderson
History Teacher

We have had a busy time with extra-curricular activities and assessment at school. Our student council has been active in organising one of our feature events, “Town High’s Got Talent” with the first round commencing on Friday. This is a great opportunity for student to showcase their talents and to win great prizes. The student council is active in our school and regularly report to the P&C on issues and events within the school.

Students in Year 10 have been busy with their short course in Career Development and this week they will join with Year 11 and Year 12 students for the Smart Futures for North Queensland Expo (SF4NQ) to be held on Thursday 7th May at Reid Park. Students will leave school at 11:30am and will return
to school by 1:30pm. They will be accompanied by Lawrie Newman, John O’Farrell (Year 11/12 Coordinator), Theresa Irving (School Guidance Officer), Russell Cook (Youth Support Coordinator) and Rothana Bair (Community Education Counsellor). This is a wonderful opportunity for students to learn about different career options and we trust that they will enjoy this experience.

June is a busy month for our senior students with the Year 11 and Year 12 exam block from 12th June to 19th June and the practice Queensland Core Skills (QCS) Test on 24th June and the 25th June. All students who are sitting the Queensland Core Skills Test have been involved in preparation sessions and we will continue to work with these students in the lead up to QCS test which is scheduled for the 1st and 2nd September.

Important Notice for Senior Students

Student on their P’s are not permitted to transport other students unless they are siblings. Students who drive to school are also reminded that they must comply with all parking provisions within the school and they must not leave school grounds during the day. Failure to follow this policy could result in school disciplinary action. The safety and wellbeing of all students is a priority for our school. If you have any questions regarding this policy please see Mrs Mladenovic.

Kaylene Mladenovic
Deputy Principal Senior Secondary

Guidance Officer

Parents! Monitoring makes a difference.

We are pretty good at keeping computers and televisions out of bedrooms, but as technology developed we somehow missed that phones and tablets ARE mobile computers. Parents may sometimes feel that this is out of their control. The majority of families own a collection of iPads, iPods, other tablets, an Xbox, a Wii, a DS, iPhones and more…

Most parents wonder, if their limit setting is actually worth it as they regularly have to remind children about the boundaries with technology and sometimes end up with another battle.

Be consistent, it is worth it:

A study with over 1,300 families in the US indicated some powerful benefits for children when parents set healthy limits on entertainment screen time (TV and video games) and limits of the type of content viewed.

Some effects are seen more immediately and others over time. (Please keep in mind that ‘limiting’ does not mean banning all technology or taking everything away – it indicates a healthy balance and an inclusion of many other activities, such as sport, drama, kicking a ball, going shopping, chatting over dinner…)

Two Immediate effects of placing limits on media (which seem obvious but are great to see):

- Those children spent less time on TV and video games
- Those children saw less violent media content

However, it is the long-term effects that surprised the researchers the most. Children whose parents set more limits on the amount of time spent with media 7 months before:

1. Getting more sleep
2. Getting better grades in school
3. Indirectly, a positive change in Body Mass (children were simply moving around more).

Additionally, parents limiting children’s content exposure (to violent media) 7 months before resulted in:

1. increased prosocial behaviour – exhibiting more helpful and cooperative pro-social behaviours at school
2. Less aggressive behaviour toward their peers

Adapted from GenerationNext.com.au (GO network)

Careers Info

COST: $50.00
DATE: Saturday, 9 May
TIME: 9AM – 12PM

- Attitudes
- Skills
- Personality
- Interests
- Review
- Evaluate

STRATEGIES TO GAIN CAREER AWARENESS

- Have little idea about what job would suit you?
- Don’t know what job would be suitable for you?
- Uncertain about what training I need to do for a certain job?
- Undecided about what career path to take?

Would it make you feel better to know that there are lots of people who aren’t aware of their career choices? There are also people who are in jobs that they don’t find satisfying or rewarding.

This program will provide you with activities and information that will:

- Give guidance on what is a career pathway
- Provide you with a career self-awareness strategies
- Provide activities for you to clarify the type of job you want
STRATEGIES TO ASSIST PARENTS GIVE CAREER GUIDANCE TO THEIR SONS AND DAUGHTERS

- How confident are you having conversations with your son or daughter about making career decisions?
- Are you aware of what type of career may suit your son or daughter?
- Do you know about what training/study options are available?

Assisting you son or daughter with making career decisions can be extremely difficult in this ever-changing world. This program will provide you with skills and information that will give you confidence in assisting your son or daughter make informed career choices.

This program will provide you with activities and information that will:

- Give guidance on what conversations to have with your children.
- Provide information on the types of jobs and study/training opportunities are available.
- Provide information and resources to assist your child find out about jobs.
- Provide tips on staying focused and positive through the process.

STRATEGIES TO GAIN CAREER SUCCESS

- Uncertain about how to complete a successful resume?
- Unsure of how to market yourself to an employer?
- Lacking confidence in an interview?
- Unable to land the job that you want?

Many people have these concerns and problems when applying for jobs and eventually become distraught and disillusioned by the whole process.

This program will provide you with activities and information that will:

- Give guidance on how to apply for jobs
- Give tips on how to construct an effective resume
- Provide templates for resumes and cover letters
- Provide information and resources to assist with applications
- Build confidence to attend job interviews
- Provide tips on staying focused and positive through the process.

STRATEGIES TO GAIN INTERVIEW SUCCESS

- Uncertain about how to perform at an interview?
- Feel nervous about going to interviews?
- Lacking confidence in answering interview questions?
- Don’t know what to prepare for an interview?

For some people just the thought of an interview sends them into a spin.

This program will provide activities and information that will:

- Give guidance on how to prepare for an interview
- Give tips on how to answer questions confidently
Townsville State High School Student Dress Code

Below we have set out the rules on the school’s uniform policy as per the Student Diary. We expect all students to have the correct attire. If you have any concerns please contact the relevant Deputy Principal.

JUNIOR SCHOOL (Years 7 to 9)

<table>
<thead>
<tr>
<th></th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shirt</td>
<td>Polo style T-Shirt in bottle green and navy blue with the school logo on the pocket.</td>
<td>Polo style T-Shirt in bottle green and navy blue with the school logo on the pocket.</td>
</tr>
<tr>
<td>Shorts</td>
<td>Navy blue shorts with the school logo on the short leg</td>
<td>Navy blue shorts with the school logo on the short leg</td>
</tr>
<tr>
<td>Skirt</td>
<td>Navy blue skirt with inverted box pleats</td>
<td></td>
</tr>
<tr>
<td>Shoes/Socks</td>
<td>Lace up sports shoes (See attached pictures for acceptable and unacceptable styles) White sport socks</td>
<td>Lace up sports shoes (See attached pictures for acceptable and unacceptable styles) White sport socks</td>
</tr>
</tbody>
</table>

A hat must be worn at ALL times when outside, including HPE lessons and lunch time activities.

SENIOR SCHOOL (Years 10 to 12)

<table>
<thead>
<tr>
<th></th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shirt</td>
<td>Green and white striped shirt with school logo. Girls must also wear a clip-on tie in navy blue and green</td>
<td>Green and white striped shirt with school logo</td>
</tr>
<tr>
<td>Skirt</td>
<td>Navy blue skirt with inverted box pleats (All girls’ skirts should be worn from the waist to near the knee, with blouse overlapping the skirt.)</td>
<td></td>
</tr>
<tr>
<td>Shorts</td>
<td>Navy blue shorts with the school logo on the short leg</td>
<td></td>
</tr>
<tr>
<td>Shoes/Socks</td>
<td>Lace up sports shoes (See attached pictures for acceptable and unacceptable styles) White sport socks</td>
<td>Lace up sports shoes (See attached pictures for acceptable and unacceptable styles) White sport socks</td>
</tr>
</tbody>
</table>

A hat must be worn at ALL times when outside, including HPE lessons and lunch time activities.

Winter – Boys and Girls Years 7 to 12

<table>
<thead>
<tr>
<th>Number</th>
<th>Rule</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a)</td>
<td>Navy blue tailored long pants</td>
</tr>
<tr>
<td>(b)</td>
<td>The school jersey or navy blue zip-up fleecy lined or plain navy blue jumper without any logos</td>
</tr>
<tr>
<td>(c)</td>
<td>Navy, black or skin coloured tights may be worn under skirt</td>
</tr>
</tbody>
</table>

Students not in a uniform are to carry a dated explanatory note from home and to have this note signed by the relevant Deputy Principal.

Jewellery & Make-up regulations

<table>
<thead>
<tr>
<th>Number</th>
<th>Rule</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>If ears are pierced one small, plain stud or sleeper per ear, may be worn in the lobe of the ear only. No facial piercings are permitted</td>
</tr>
<tr>
<td>2</td>
<td>One plain signet ring may be worn</td>
</tr>
<tr>
<td>3</td>
<td>One simple chain may be worn</td>
</tr>
<tr>
<td>4</td>
<td>A plain wrist watch and/or a simple, metal bangle or bracelet, no wider than 2cm</td>
</tr>
<tr>
<td>5</td>
<td>Hair must be of a natural colour and be worn neat and tidy</td>
</tr>
</tbody>
</table>

NB: Earrings (stud or sleepers) are the ONLY acceptable form of body piercing allowed.
General Items:

Safety Standards
As required by Curriculum Activity Risk Management, safety standards involving footwear, hair, jewellery, must also be met.

Hair
Hair must be of a natural colour and must be worn in a style which meets school community standards.

Headwear
Hijabs / head coverings are to be no longer than shoulder length and must be navy blue in colour.

Tattoos
Tattoos are not permitted.

Students representing the school on official excursions/activities are to wear full Representative Dress school uniform, unless notified otherwise.

Acceptable shoe styles

Unacceptable shoe styles

Non-Compliance with School Dress Code
Under the school’s Responsible Behaviour Plan and the Education (General Provisions) Act 2006, permitted sanctions for non-compliance of the dress code include:

- Wearing the school uniform without the approved insignia
- Wearing the student name badge, or participating in any activity for which the student would have been sanctioned for the infraction
- Wearing the student's badge in a manner that is not part of the educational program of the school
- Possessing, using, or distributing any drug, tobacco, alcoholic beverage, weapon or any other device

Students not in a uniform are to carry a dated explanatory note from home and must have this note signed by the Tag teacher or Senior Administration.

Science 2015

Robotics at Lunchtime

Town High is very fortunate to have been funded by the P&C to purchase eight robotics kits. Teachers late last term participated in professional development using the Lego Robots and this term students have started their first Robotics challenge. Science and Information Processing and Technology staff are working together to provide students with extension experiences in the fields of Science, Technology, Engineering and Mathematics (STEM). STEM skills are essential in industry and tertiary studies, plus it is a lot of fun too! Students will participate in a range of challenges, learning computer programming and problem solving along the way. Well done to Mr O’Farrell and Mr Zanotto who are supporting the students with the lunchtime Robotics.

Senior School Science

Year Eleven Biology Students will participate in a Field Trip early on May 14th to Billabong Sanctuary. This will provide students with hands-on experiences relating to Australian flora and fauna. Permission forms have been distributed to all students. This is a compulsory activity for all Year Eleven Biology students.

Extracurricular Activities / Prizes

National Youth Science Forum 2016 – Open for students in Year 11 – If you are interested in a career in Science, Technology or Engineering, this is the opportunity for you. Work with world-class scientists in cutting-edge laboratories. Have the science experience of a lifetime. You will need to find a Rotary Club to assist in your application and sponsorship. See Brett Horan or Ms Chapman in A Block for more details.

2015 Peter Doherty Awards for Excellence in Science, Technology, Engineering and Mathematics (STEM) Education – Yr 12 Students

The awards are named after Professor Peter Doherty, a Brisbane-born Nobel Prize winning scientist.

Award categories:

- Outstanding Senior Science Student Awards
- Outstanding Senior Mathematics and Technology Student Awards
- Outstanding Aboriginal and Torres Strait Islander Senior Mathematics and Technology Student Awards
- Outstanding Aboriginal and Torres Strait Islander Senior Science Student Awards.

For further information on how to apply, visit:

CREST Program

CREST is a Science Inquiry Program that is nationally recognised and run through CSIRO. Students get to design experimental investigations on topics that interest them. Students throughout Australia participate in this program, with some students going on to make lucrative and substantial careers from the research that begins at school. Students in Years Seven to Twelve will participate in this program. The CREST Club will run Wednesday afternoons this term. The successful projects will also be entered into the Queensland Science Contest.
Congratulations

Congratulations to Ronan Keogh and Sam Brassington for achieving Bronze CREST Awards through completion of projects in their own time. 28 Year Nine students were also acknowledged with a Bronze CREST Award for their efforts in Year Eight last year.

A SUPER congratulations goes to Alex Carleton and Nisha Panwar for achieving Silver CREST Awards. Prior to their success Town High only had one student ever achieve this award. Their efforts, perseverance and exceptional reports are to be commended. They will be awarded their certificates and medallions on a special parade later in the term.

Sarah Chapman
Head of Department – Science.

Host Families Required

Our Japanese sister school Matsudo Mabashi is coming to our school. We need 11 families to host students these visiting students from Monday 20th July until Tuesday 28th July. This is a great experience to interact with a student from overseas and show them our cultural and way of life. If you would like to host a student please contact Peta Hearn (phea7@eq.edu.au) at the school.

Peta Hearn
Japanese Teacher

News from the Arts Department

ARTIST IN SCHOOLS PROGRAM

The Year 12 Visual Art class is participating in the Artists in Schools Program this year and as part of this program we took a trip to Perc Tucker Art Gallery to observe the detailed landscape drawings and prints of Sandi Hook. Sandi also came into the classroom and did a workshop with the students demonstrating some significant drawing skills. Alison McDonald was the next artist to visit and she amazed students with her wonderful recycled artworks using plastic bottles and other throw-away items. Rhonda Stevens did a two lesson workshop with students on creating and printing a collograph and these artworks will be displayed during ArtzExpo later in the year. Marion Gaemers presented her coral reef created from items found washed up on the beach after Yasi and students each created their own unique piece of work to be sewn into the artwork which will be displayed at this year’s Art Ephemera on the Strand. The class is eagerly awaiting the last artist’s visit, Kathy Cornwall, who will work with students on watercolour and acrylic painting techniques. It has been an exciting and busy time for the students and hopefully they will be motivated and full of ideas for their own artworks this year!

Arts Week

Planning is well under way for the annual ARTSWEEK at Townsville State High School which is on 25 – 29 May this year. The Arts department do their best to engage all students in the different strands of the Arts: Art, Drama, Media, Music and Dance activities during the lunch breaks throughout the week. Professional artists and performers come into the school and offer workshops, perform and demonstrate their skills to the students.

We would like to offer any parents, guardians, friends and community members the opportunity to be part of this week by offering up their skills for a session during the week to demonstrate or perform. I am sure that we have many talented parents who sing, play an instrument, dance, paint, sculpt, act, clown, juggle or have many other talents they could share with the students.

If you wish to take up this opportunity, please ring me on 4721 8742 to book a preferred day and time for your workshop/performance. Alternatively you can email me lvinc9@eq.edu.au

I look forward to meeting many parents and community members at this year’s Arts Week.

The Beatles Are Coming To Town High!

No not really… but Town High’s annual musical production is occurring in week seven of term three on the 27th, 28th and 29th of August. This year’s musical production tells the story of romance, loss, betrayal and friendship to a backdrop of music by The Beatles.

Many students have already expressed an interest in performing in this exciting event and auditions have started! If you want to be a part of it but haven’t signed up – don’t despair! Just come and see Miss Vincent or Miss Marsh in P block staffroom.
The Drama Club take to the Stage!

Over the weekend, the Drama Club performed in the annual North Queensland Festival of One Act Plays at the Riverway Arts Centre. Competing against other schools and theatre companies, the Drama Club were very excited to have a real acting experience on a real stage. With many more events to come throughout the year, the Drama Club are only going to get better and better! Well done to all involved!

New Zealand Biannual Ski Trip

Every second year, the school take a group of students from Years 12, 11 or 10 on a trip to New Zealand to try skiing or snowboarding.

The students visit Mt Hutt, about an hour south of Christchurch for two days learning the basics before travelling south to Wanaka and then Queenstown for 3 more days on the ski slopes where they get a chance to refine the skills already learned.

While in Queenstown, the students will get to take a Jet boat ride along the Kawarau river. At this time of the year the water is rather chilly and the boat drivers take great delight in seeing how much water they can get on the students.

The students also get to be involved in traditional Maori dances. As staff it is always fun watching our male students attempting a Haka.

At the top of the mountain, there is a Luge ride, which is best described as a go cart with a brake, down a twisty track, which always pleases the students. On our last trip the edges were snow lined and the corners were a little icy making for some interesting cornering.

At this point in time there are 19 students going, but if any students in these grades have had a change of mind, I am quite sure we can find a spot for you to come. For more information contact John O’Farrell for details and costs.

John O’Farrell

Student Council Bucket Hats

NEW SCHOOL BUCKET HATS AVAILABLE IN TERM TWO for $10.00 each in REVERSIBLE SCHOOL AND REEF COLOURS

The Students Council is purchasing 400 school bucket hats (see pictures) for sale to students. The bucket hats are reversible with school and Reef colour/name.

You will be able to purchase these bucket hats from the School Office at $10.00 each. With the sale of these hats, more hats can be purchased to keep up with the demand.

This was an initiative from the Student Council 2014.

Any questions about the bucket hats, please ring the School Office on 4721877.

We should be receiving the delivery of the hats at the end of this month.

Thank you,

Ms Di Giacomo

Town High 5

Many factors contribute to the success of students attending high school. Our Town High 5 program is aimed at boosting academic performance. Town High has identified 5 key areas that students need to address in order to get the most out of their education. They are


In this newsletter we are looking at No. 3. Emotional Support

Research tells us that students get the most out of education when they are being emotionally supported at home and have a sense of belonging in their community.

Adolescence can be an emotionally challenging time for students; life is not always plain sailing. Students need support to get over a range of issues that may crop up in their school years. Without emotional support students can fall behind their peers and become disengaged from learning. Town High has an expert Support Services Team, but early identification and intervention in any issues should be done by parents and carers and supported by our team at school if necessary.

Some simple ways to provide emotional support for your student are:

- Maintain regular contact through family mealtimes, when you can spend time talking and relaxing together.
- Make sure students always have someone to confide in.
- Help make young people feel loved and loveable.
- Help to create regular sleep times and patterns
- Refer more challenging problems to the Support Services Team.
• Encourage regular exercising
• Encourage relaxation away from electronics

Each of the Town High 5 areas have support documents on the school website townsveshs.eq.edu.au/ Look under the Support & Resources Tab / Town High 5 / Links to additional readings.

Canteen Price List 2015

TOWNSVILLE STATE HIGH SCHOOL
CANTEEN PRICE LIST 2015

FRESH FOOD

<table>
<thead>
<tr>
<th>SANDWICHES:</th>
<th></th>
<th>HOT FOOD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Egg &amp; Lettuce</td>
<td>$5.50</td>
<td>Daily Specials:</td>
</tr>
<tr>
<td>Meat &amp; Salad</td>
<td>$5.10</td>
<td>Check our specials board for other options.</td>
</tr>
<tr>
<td>Salad</td>
<td>$4.10</td>
<td></td>
</tr>
<tr>
<td>Other fillings available, various prices</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

WRAPS & ROLLS:

| Cajun Chicken & Beef | $5.60 | Daily Hot Food               |
| Sambo Beef or Chicken | $5.40 | Steamed Chicken Rice Rolls  |
| Chicken Caesar Salad | $4.60 | Sausage Beef Rolls           |
| Oriental Chicken    |       | Hot Dog                      |
| Other options available see canteen staff |
| It wraps            | $5.30 | Hot Dog & Cheese             |
| South (Seasoned)    | $5.30 | Pizza Roll                   |
| Small              | $4.40 | Toasted Chicken & Cheese Sandwiches |
| Large              | $5.40 | Toasted Ham & Cheese Sandwiches |

SALADS:

| Chicken Caesar Salad | $5.10 | THIS TERMS SPECIALS          |
| Asian Noodle Salad   |       | Lamb Korma                   |
| Cold Cuts and Salad  | $4.40 | Mac & Cheese                 |
| Greek Salad          |       | Pasta Carbonara              |
| Cold meat and Salad  | $4.90 | Honey Soy Chicken & Rice     |
| Chicken and Avocado  | $5.40 | Beef Casserole & Mash        |
|                     |       | Chicken Enchiladas           |

DRINKS

| Spring Water     | 600ml | $1.00 |
| Flavoured Milk   | 300ml | $2.30 |
| Plain/Ute Milk   | 600ml | $4.50 |
| Rice Tea         | 360ml | $1.50 |
| Daily Juice      | 580ml | $4.00 |
| Berry Juice      | 590ml | $5.00 |
| 250ml            |       | $2.00 |

SNACKS

| Fruit Cups       | $1.20 |
| Whole Fruit      | $2.00 |
| Fresh Yogurt     | $1.50 |
| Homemade cakes and biscuits from | $2.00 |
| Frozen Treats    | $1.20 |

HOME MADE HOT MEALS: Options very each term

| Choc Mac | Enchiladas Chicken/Beef/Nngle  |
| Cheese | Chicken/Cheese/Chesse/Chesse |
| Chicken/Chesse | Deviled sausages  |
| Mac & Cheese | Fried Rice  |

BURGERS (FRIDAY ONLY) Check Notice Board

All Include carrot, tomato, beetroot & lettuce and sauce

OTHER HOT FOOD – WEDNESDAY ONLY

| Pattie/Healthy Choice | $2.90 |
| Sausage Roll (Healthy Choice) | $2.30 |
| Cottage Pie           | $4.40 |
| Steak & Ricotta Rolls | $5.00 |

Local News

Smoking banned 5 metres around school grounds

Smoking any tobacco products or using an electronic cigarette within five metres of any state or private school grounds has been banned. This applies before, during and after school hours as well as over weekends and school holidays.

On the spot fines can be issued by environmental health officers, police or other officers authorised by the local government to anyone found in breach of this legislation.

The ban does not extend to businesses or residences that share a property boundary with a school.

Smokers are asked to put out your cigarette and dispose of the litter thoughtfully well before you reach the school boundary.

DEADLY FAMILIES
FUN DAY

Join us for a fun and exciting day for the whole Family and Community

FOOD! FUN! ENTERTAINMENT!
Community Stalls, Cultural Performances,
Live Music, Inspirational Guest Speakers, Free Sausage Sizzle,
Fun Activities for the Kids

Celebrating Healthy and Respectful Relationships

Saturday May 16th 2015, 10am - 2pm
Pioneer Park, Riverway

PCYC TOWNSVILLE
IT ALL STARTS HERE,
YOUTH MANAGEMENT TEAM

GET INVOLVED
JOIN THE FUN
FEATURING

PERSONAL DEVELOPMENT
LEADERSHIP SKILLS • FUNDRAISING
COMMUNITY VOLUNTEERING • PEER SUPPORT

FUN, GAMES & INITIATIVES
FOR CHILDREN AGED BETWEEN 12 - 18 YEARS

CONTACT JADE ON 4781 9100 OR JADE.FENTON@PCYC.ORG.AU

STAND UP WITH PRIDE

INTERNATIONAL DAY AGAINST HOMOPHOBIA, TRANSPHOBIA, BIPHOBIA

May 17
A Worldwide Celebration of Sexual and Gender Diversity

Join us to Celebrate the Raising of the Rainbow flag.

Date: 17th May 2015
Time: 8am
Venue: Townsville City Council 103 Walker St

BBQ BREAKFAST WILL BE PROVIDED

“No one is born hating another person because of the colour
of his skin, or his background, or his religion. People must
learn to hate, and if they can learn to hate, they can be
taught to love, for love comes more naturally to the human
heart than its opposite.”

— Nelson Mandela